

# SCOTTSDALE

# life

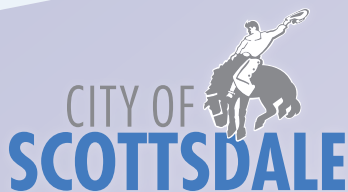
YOUR GUIDE TO SCOTTSDALE'S COMMUNITY SERVICES

## SUMMER 2024

JUN | JUL | AUG



<i>play</i>	<i>read</i>	<i>seniors</i>	<i>serve</i>	<i>explore</i>
<b>Parks &amp; Recreation Activities</b> pg. 5	<b>Library Programs &amp; Info</b> pg. 29	<b>Senior Centers &amp; Services</b> pg. 39	<b>Human Services &amp; Resources</b> pg. 46	<b>McDowell Sonoran Preserve</b> pg. 50



**View this guide online!**

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Activity Guide."

## MAYOR AND COUNCIL

[ScottsdaleAZ.gov/council](https://scottsdaleaz.gov/council)

### MAYOR

David D. Ortega

### CITY COUNCIL

#### VICE MAYOR

Solange Whitehead

#### COUNCILWOMAN

Tammy Caputi

#### COUNCILMEMBER

Tom Durham

#### COUNCILMEMBER

Barry Graham

#### COUNCILWOMAN

Betty Janik

#### COUNCILWOMAN

Kathy Littlefield



Explore the stories that make Scottsdale truly special. Catch up with us wherever, whenever, by subscribing in your favorite podcast app.

**ScottsdaleAZ.gov,  
search "Podsdale"**

## COMMUNITY SERVICES BOARDS & COMMISSIONS

[ScottsdaleAZ.gov/boards](https://scottsdaleaz.gov/boards)

These volunteer citizen advisory committees advise City Council on Community Services activities.

### PARKS & RECREATION COMMISSION MEMBERS:

Kristen Parrish – Chair

Teresa Kim Quale – Vice Chair

Eric Kurland

Eric Maschhaupt

Susan McGarry

Michael Vreeland

### LIBRARY BOARD MEMBERS:

Freda Hartman – Chair

Enid Seiden – Vice Chair

Sam Campana

Natalee Esposito

George Hartz

Janet Smigielski

Leslie Totten

### HUMAN SERVICES COMMISSION MEMBERS:

Neal Shearer – Chair

Mary Jung – Vice Chair

Patrick Dodds

Jeff Jameson

Roger Lurie

Tricia Serlin

Stuart Turgel

### MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:

Laurie LaPat-Polasko – Chair

Marsha Lipps – Vice Chair

Stephen Coluccio

Savannah Engelking

Mark Hackbarth

Kerry Olsson

Jeffrey Smith

### SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:

Neal Shearer – Chair

Mary Jung – Vice Chair

Leslie Brownell

Patrick Dodds

Jeff Jameson

Roger Lurie

Tricia Serlin

Stuart Turgel

Whether it's exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a senior center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it's all a part of **Scottsdale LIFE**. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created **Scottsdale LIFE** to share what's happening in your community, collaboratively.

You're invited to browse and discover something that interests you.



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FOR QUESTIONS: SCOTTSDALE LIFE PUBLICATION, CONTACT ALEX SANCHEZ ..... 480-312-7021  
 PARKS AND RECREATION PROGRAMS ..... 480-312-7957  
 SCOTTSDALE PUBLIC LIBRARY ..... 480-312-7323  
 SENIOR CENTERS ..... 480-312-1700



# Scottsdale is the place for you!

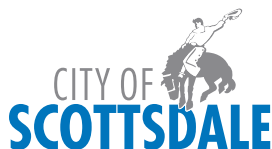
## We are hiring.

If you are looking for  
a job where you:

- make an impact
- have flexible work hours
- can advance and grow

Then the city of Scottsdale  
is where you should be!

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and  
search “jobs” to learn more!



### RECREATION LEADERS

Become part of the team of camp leaders and provide an engaging environment for kids in 1st-8th grades!



### WORK IN THE LIBRARY

Scottsdale's four libraries are looking for great people to join their team!



### BE A LIFEGUARD

Become part of Scottsdale's incredible aquatics team for a fun and rewarding experience!



### MAINTENANCE WORKERS

Join the group who maintain Scottsdale's parks and fields, and make our city beautiful!





# SCOTTSDALE

SUMMER 2024 - JUN | JUL | AUG

# plays



## SCOTTSDALE PARKS & RECREATION

JUN | JUL | AUG 2024

### Activity Guide

SUMMER REGISTRATION: RESIDENTS, APRIL 22 AT 8 A.M. / NON-RESIDENTS APRIL 25 AT 8 A.M.



**Don't miss our NEW  
Adult fitness, yoga,  
language, art classes  
and more!**

See pg. 12 for details



**LEARN TO SWIM  
WITH SCOTTSDALE AQUATICS!**

Learn more on pg. 21

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## REGISTRATION INFORMATION

**REGISTRATION STARTS AT 8 A.M.**



**REGISTER ONLINE**  
**Recreation.ScottsdaleAZ.gov**

*(Quickest way to register)*



**REGISTER BY PHONE**  
**480-312-7957**

*(Expect delays on registration days)*



**PAYMENT**  
must be made  
at the time of  
registration



**WE ACCEPT**  
American Express,  
Visa, MasterCard  
and Discover

## GENERAL INFORMATION

**Refund Policy** – Unless otherwise stated, all program refunds shall be prorated, less a \$10 processing fee, up to and including the 2<sup>nd</sup> class. No refunds after the 2<sup>nd</sup> class date. Classes priced at \$10 or less are nonrefundable.

**Corrections & Updates** – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city’s website for up-to-date information.

**Fee Assistance Program** – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale’s corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit [ScottsdaleAZ.gov/parks/fee-assistance](http://ScottsdaleAZ.gov/parks/fee-assistance) or call 480-312-7957.

**Resident?** – Residents are citizens who live in or own property within the city of Scottsdale’s Corporate City Boundaries, and pay taxes to the city of Scottsdale.

### REGISTRATION QUESTIONS?

Call us before April 19 so we can guide you through the process, making registration a breeze!  
**480-312-7957**

**AMERICANS WITH DISABILITIES ACT** – The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of Scottsdale by contacting the Adaptive Services Center at 480-312-2234. All requests must be made a minimum of 14 days prior to the starting date of the program/service.

\*Instructors subject to change.

## FACILITY CODES

CODE	FACILITY NAME	ADDRESS
ADSC	Adaptive Services Center	8102 E. Jackrabbit Road
BGPB	Boys & Girls Club of Greater Scottsdale – Piper Branch	10515 E. Lakeview Drive
BGTB	Boys & Girls Club of Greater Scottsdale – Thunderbirds Branch	20199 N. 78th Place
CACT	Cactus Park & Aquatic Center	7202 E. Cactus Road
CCLB	Civic Center Library	3939 N. Drinkwater Blvd.
CHAA	Chaparral Aquatic Center	5401 N. Hayden Road
CHAP	Chaparral Park & Community Ctr.	5401 N. Hayden Road
CHES	Chesnutt Park	4565 N. Granite Reef Road
CHPS	Chaparral High School	6935 E. Gold Dust Road
CPRG	Copper Ridge School	10101 E. Thompson Peak Pkwy.
CSAR	Club SAR	8055 E. Camelback Road
ELDO	Eldorado Park & Community Ctr.	2311 N. Miller Road
ELDA	Eldorado Aquatic Center	2301 N. Miller Road
ELSO	Eldorado South Building	1909 N. Miller Road
FENP	Florence Ely Nelson Desert Park	8950 E. Pinnacle Peak
GPCK	George "DOC" Cavallier Park	27775 N. Alma School Pkwy.
GRSC	Granite Reef Senior Center	1700 N. Granite Reef Road
HRZN	Horizon Community Center	15444 N. 100th St.
ISPK	Indian School Park	4289 N. Hayden Road
MCRR	McCormick Stillman Railroad Park	7301 E. Indian Bend Road
MMRA	McDowell Mtn Ranch Aquatics	15525 N. Thompson Peak Pkwy.
MSP	McDowell Sonoran Preserve	18333 N. Thompson Peak Pkwy.
MTNV	Mountain View Park	8625 E. Mountain View Road
MUST	Mustang Library	10101 N. 90th St.
NYCD	North Corp Yard	9191 E. San Salvador Drive
PNCC	Paiute Neighborhood Center	6535 E. Osborn Road
PPEC	Pinnacle Peak Equestrian Center	3701 E. Pinnacle Peak Road
PMPK	Pima Park	8600 E. Thomas Road
PPPK	Pinnacle Peak Park	26802 N. 102nd Way
RIMO	Rio Montaña Park	11180 N. 132nd St.
SPFD	Scottsdale Police/Fire Dept.	8401 E. Indian School Road
SRPK	Scottsdale Ranch Park	10400 E. Via Linda
SSCX	Scottsdale Sports Complex	8081 E. Princess Drive
STAD	Scottsdale Stadium	7408 E. Osborn Road
SWTS	Solid Waste Transfer Station	8417 E. Union Hills Drive
VCCC	Vista Del Camino Community Center	7700 E. Roosevelt
VLSC	Via Linda Senior Center	10440 E. Via Linda
VSTA	Vista Del Camino Park	7700 E. Roosevelt

## TOT CLASS GUIDELINES

- For your child's safety, accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes if required.

## ART

### NEW FAVORITE APPS AND VIDEO GAMES DRAWING WORKSHOP

(5-7yrs) Drawing workshop featuring favorite apps and video games. We will create our own stylized characters that are inspired by iconic video games. These drawings offer different styles from pixel-inspired imagery to dynamic cartoons. The students will draw unique characters of all shapes, sizes and designs. This provides excellent practice for drawing dynamic characters with expressive faces.

Sa 10:30 -11:30 am 7/20(6classes) HRZN \$66(R)/\$99(N) Young Rembrandts 42227

## DANCE

### CREATIVE MOVEMENT

(1-3yrs and parent/caregiver) Students will be dancing to their favorite nursery rhymes using basic dance concepts. This program develops motor skills, sociability and gives kids a fun hands on introduction to the world of dance.

Th 9:15 -10 am 7/11(6classes) MTNV \$75(R)/\$113(N) Dance Sequins Studio 42174

### DANCE COMBO

Designed to introduce music and movement through interactive and creative activities. On the last day of class, they will perform a special dance routine and skills they have learned throughout the session.

(3-5yrs)

Tu 4:25 -5:10 pm 7/9(7classes) CACT \$86(R)/\$129(N) Dance Sequins Studio 42178

Th 10:05 -10:50 am 7/11(6classes) MTNV \$75(R)/\$113(N) Dance Sequins Studio 42179

### BALLET

(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. This nurturing environment and instruction will help build coordination and promote self-esteem. At the end of the session you will be invited to see the children's progress and new skills.



Tu 3:55 -4:40 pm 6/4(5classes) MMRA \$43(R)/\$65(N) Martin 42290

Tu 3:55 -4:40 pm 7/23(5classes) MMRA \$43(R)/\$65(N) Martin 42292

### DANCE STARS

(2-5yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise.

Tu 9:30 -10:15 am	6/4(6classes)	HRZN	\$58(R)/\$87(N)	Stretch-n-Grow	42294
Th 3:30 -4:15 pm	6/6(5classes)	MMRA	\$50(R)/\$75(N)	Stretch-n-Grow	42295
Tu 9:30 -10:15 am	7/16(5classes)	HRZN	\$50(R)/\$75(N)	Stretch-n-Grow	42296
Th 3:30 -4:15 pm	7/18(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	42297

## SPORTS



### 3-SPORT MULTI-SPORT

(3-5yrs) We will teach your player how to kick and control a soccer ball, how to hit, catch, throw, and run the bases and shoot and dribble a basketball. Each participant will need to bring their own, age-appropriate soccer ball for the first week of class, as well as their own tee/bat, and basketball for later in the session.

F 3:45 -4:30 pm	6/7(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42117
F 3:45 -4:30 pm	7/19(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42119

### BASKETBALL SKILLS & DRILLS

(3-5yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position.

F 4:35 -5:20 pm	6/7(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42137
F 4:35 -5:20 pm	7/19(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42139

### GYMNASTICS

(4-5yrs) Gymnastics develops strength, flexibility, confidence, self-discipline, and body control. Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, bar strengthening, stretches, and conditioning. This program is designed for each student to achieve the best of their ability and become champions in life.

Sa 9:30 -10:15 am	6/15(5classes)	CACT	\$37(R)/\$56(N)	Schaffer	42195
Sa 9:30 -10:15 am	7/20(6classes)	CACT	\$42(R)/\$63(N)	Schaffer	43461





### MULTI-SPORT & FITNESS FUN

(3-6yrs) Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

Th 6:05 -6:50 pm	6/6(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	42214
Th 6:05 -6:50 pm	7/11(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	42215

### MULTI-SPORT & FITNESS FUN JR

Children will be introduced to anything from soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardi dance and much more.

M 9 -9:40 am	6/3(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	42217
M 9 -9:40 am	7/8(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	42216
M 9:45 -10:25 am	6/3(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	42219
M 9:45 -10:25 am	7/8(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	42218



### OUTDOOR SOCCER

Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

(2-3yrs)

F 9 -9:45 am	8/9(5classes)	MTNV	\$70(R)/\$105(N)	Hatfield	42236
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(3-4yrs)

Tu 10 -10:45 am	8/6(5classes)	HRZN	\$70(R)/\$105(N)	Hatfield	42233
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(3-5yrs)

M 3 -3:45 pm	8/5(4classes)	CACT	\$58(R)/\$87(N)	Hatfield	42231
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(4-6yrs)

W 4:15 -5 pm	8/7(5classes)	CPRG	\$70(R)/\$105(N)	Hatfield	42234
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(5-7yrs)

M 4 -4:45 pm	8/5(4classes)	CACT	\$58(R)/\$87(N)	Hatfield	42232
Tu 4:15 -5 pm	8/6(5classes)	CPRG	\$70(R)/\$105(N)	Hatfield	42237

### PRESCHOOL SUPER SOCCER STARS

(3-5yrs) Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing and throw-ins. Classes are taught in an age-appropriate, and positive manner.

M 10:30 -11:15 am	7/8(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	42249
Tu 4 -4:45 pm	7/9(5classes)	MTNV	\$97(R)/\$146(N)	JumpBunch	42250



### SUPERHERO TRAINING

(3-6yrs) We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so much more!

Tu 4:50 -5:35 pm	6/4(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	43287
Th 5:15 -6 pm	6/6(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	42269
Tu 4:50 -5:35 pm	7/9(4classes)	MTNV	\$79(R)/\$119(N)	JumpBunch	42271
Th 5:15 -6 pm	7/11(4classes)	CHAP	\$79(R)/\$119(N)	JumpBunch	42270

### YOGA STARS

Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength and breathing techniques. With our engaging weekly sessions, our stars explore simple yoga poses with songs, props, and stories.

(18mo-3yrs parent/caregiver)

F 9:30 -10:15 am	6/14(5classes)	CACT	\$50(R)/\$75(N)	Stretch-n-Grow	42323
F 9:30 -10:15 am	7/19(6classes)	CACT	\$58(R)/\$87(N)	Stretch-n-Grow	42325

(4-6yrs)

F 10:25 -11:10 am	6/14(5classes)	CACT	\$50(R)/\$75(N)	Stretch-n-Grow	42324
F 10:25 -11:10 am	7/19(6classes)	CACT	\$58(R)/\$87(N)	Stretch-n-Grow	42326



## REGISTRATION QUESTIONS?

Call us before April 19 so we can guide you through the process, making registration a breeze!

**480-312-7957**

## DANCE

### DANCE AND CHEER

(5-9yrs) This is an upbeat dance and cheer course for youth teaching the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique, and a dance routine. Boys and girls will dance to popular music they love while increasing self-confidence and coordination. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

Tu 5:15-6 pm	7/9(7classes)	CACT	\$86(R)/\$129(N)	Dance Sequins Studio	42177
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### DANCE FUSION

(6-13yrs) Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves, and across the floor jazz technique. Students will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence. A special showcase will be held on the last day of class for family and friends.

Tu 3:35-4:20 pm	7/9(7classes)	CACT	\$86(R)/\$129(N)	Dance Sequins Studio	42180
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### DANCE STARS

(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Th 4:30-5:15 pm	6/6(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	42327
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Th 4:30-5:15 pm	7/18(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	42329
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(9-13yrs)

Th 5:30-6:15 pm	6/6(5classes)	MMRA	\$50(R)/\$75(N)	Stretch-n-Grow	42328
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Th 5:30-6:15 pm	7/18(6classes)	MMRA	\$58(R)/\$87(N)	Stretch-n-Grow	42330
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## SPORTS

### 3-SPORT MULTI-SPORT

(6-9yrs) Sports: Soccer, Baseball/Softball, and Basketball. Players learn how to kick and control a soccer ball, how to hit, catch, throw, and run the bases shoot and dribble a basketball and build strength + endurance. Each participant will need to bring their own, age-appropriate soccer ball for the first week, as well as their own tee/bat, and basketball for later in the session.

F 5:25-6:10 pm	6/7(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42118
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F 5:25-6:10 pm	7/19(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42120
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### BASKETBALL SKILLS & DRILLS

(6-9yrs) Our basketball skills and drills clinics introduce and advance your player's ability for ball handling, dribbling, defense, jumping, passing, shooting, and the triple threat position. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

F 6:15-7 pm	7/19(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42138
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F 6:15-7 pm	6/7(6classes)	MTNV	\$93(R)/\$140(N)	B.E.S.T. Sports	42140
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### GYMNASTICS

(6-9yrs) Class starts with warm-ups that include tuck, straddle, and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

Sa 10:15-11:15 am	6/15(5classes)	CACT	\$37(R)/\$56(N)	Schaffer	42194
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Sa 10:15-11:15 am	7/20(6classes)	CACT	\$42(R)/\$63(N)	Schaffer	43462
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### SCHOOL AGE BASKETBALL CLINIC

(6-10yrs) This clinic teaches children basketball skills such as ball handling, shooting, passing, as well as the rules of the game. The clinic will start at a beginner level and will assess each child to make sure to work at their own pace as we progress towards more advanced basketball skills. During scrimmages, children will learn to play by the rules, while working together as a team and displaying good sportsmanship. This clinic is an excellent way to introduce your child to the game of basketball or prepare your child for the upcoming basketball season.

M 11:20 am-12:20 pm	7/8(4classes)	MTNV	\$93(R)/\$140(N)	JumpBunch	42251
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Tu 5:45-6:45 pm	7/9(4classes)	MTNV	\$93(R)/\$140(N)	JumpBunch	42252
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### SCHOOL AGE SUPER SOCCER STARS

(6-8yrs) All soccer skill levels are welcome. Our Soccer Stars coaches will assess each child to make sure they are learning at their own pace. Some of the soccer specific drills we teach are based around dribbling, kicking, passing and shooting. We will play several games to help enhance children's soccer skills, while also building a sense of teamwork in a fun and safe environment.

Tu 3-4 pm	7/9(4classes)	MTNV	\$93(R)/\$140(N)	JumpBunch	42253
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### OUTDOOR SOCCER FOR KIDS

(7-9yrs) Taught by a former professional soccer player, this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children play non-competitive games.

Th 4:15-5 pm	8/8(5classes)	CPRG	\$70(R)/\$105(N)	Hatfield	42235
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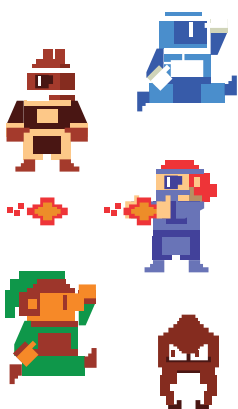


**Check out our Youth programs offered through Scottsdale Public Libraries!**  
See pg. 30 for more information!

## HOBBIES & INTEREST

### ARCADE MANIA CAMP™

(6-11yrs) This Kids-Choice Challenge Island adventure puts a 100% screen-free STEam twist on popular video games: From Super STEamio to Island Blox and retro-inspired games like Space Aliens and Pinball Machines! Swap game consoles for creativity and joysticks for ingenuity and imagination as you take on islands of low-tech STEam challenges created with game-loving kids in mind!



M Tu W Th F 9:15 am-12:45 pm 7/8(5classes) CHAP \$145(R)/\$218(N) Nathan 43267

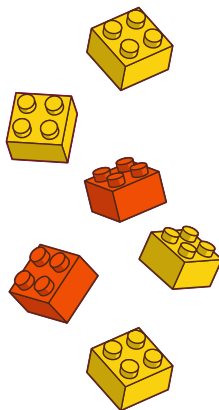
### JURASSIC BRICK LEGO CAMP

(5-11yrs) Are you ready for the adventure of a lifetime? Put on your hiking boots and camouflage...you're about to enter Jurassic Brick Land! Campers will build a world that comes to life with gentle Brontosaurus, ferocious Velociraptor, terrifying T-Rex and more. Show us your building skills using our specialized project kits! Come learn, build and play at Jurassic Brick Land camp! LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorize or endorse these programs.

M Tu W Th F 9 am-12 pm 7/22(5classes) CHAP \$166(R)/\$249(N) Kretsch 42190

### MINING & CRAFTING LEGO CAMP

(5-11yrs) Experience the world of Minecraft with LEGO® bricks in this fun camp. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® bricks. Participants will face new challenges each day building models and crafting key elements from the popular Minecraft game. LEGO® is a registered trademark of the LEGO® Group and Mojang © 2009-2013. "Minecraft" are trademarks of Notch Development AB of companies which does not sponsor, authorize or endorse these programs.



M Tu W Th F 9 am-12 pm 7/15(5classes) CHAP \$166(R)/\$249(N) Kretsch 42213

### STEAM ACROSS THE UNIVERSE CAMP™

(6-11yrs) 3...2...1 Blastoff! You and a STEam team of astronaut friends will create your own mission control station and soar through the universe. You'll learn the spectacular science of space while taking on a galaxy of cosmically cool challenges. From rocket launch to moon day - don't miss this out on this world challenge island camp!

M Tu W Th F 9:15 am-12:45 pm 6/10(5classes) CHAP \$145(R)/\$218(N) Nathan 42225



Check out our Youth programs offered through Scottsdale Public Libraries! See pg. 30 for more information!

## MUSIC

### PIANO/KEYBOARDING

(5-12yrs) Elements is an innovative piano program designed to give your child the best opportunity for a successful start on the piano keyboard. Elements is a musical adventure that includes the fundamentals that are key to learning the piano; note reading, music theory, rhythm, chords, piano technique and all the skills needed to play the music from class. Keyboards are provided for students class use; recital held for family and friends on the last day of class.

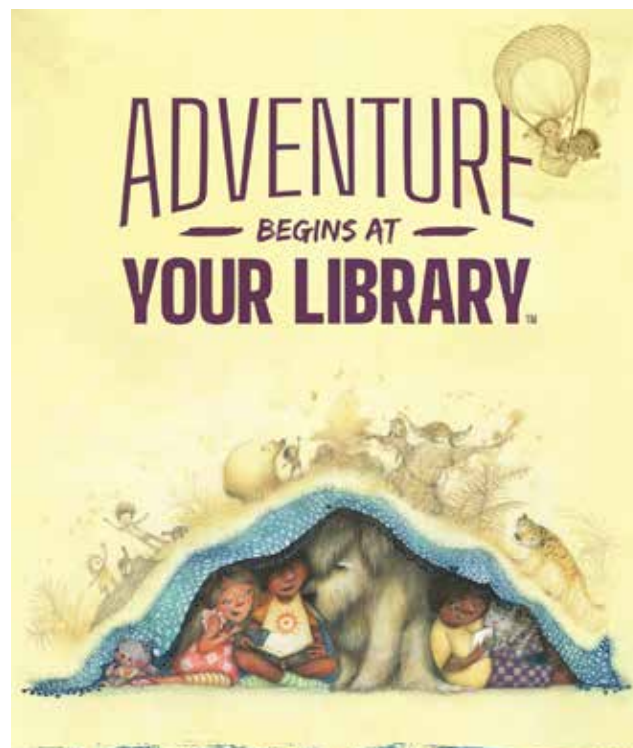
Sa 9:15-10:15 am	6/8(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	42240
Sa 9:15-10:15 am	7/20(6classes)	HRZN	\$124(R)/\$186(N)	Elements Music	43239

## FIRST AID & SAFETY

### CHILDCARE AND BABYSITTER SAFETY

(12-18yrs) If you are wanting to provide child and infant care, this is the class for you. The program discusses the importance of responsibility, teaches you to recognize an emergency and take the correct action. Learn about personal, water and fire safety and basic first aid choking management. Please send child with a sack lunch and arrive promptly as doors will be locked and late arrivals will not be able to access the room. No refunds will be given after class starts.

Sa 9 am-3 pm	6/8(1class)	SPFD	\$75(R)/\$75(N)	Scottsdale Fire Dept	42172
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### Adventure Begins At Your Library in this year's Summer Reading Challenge!

Challenge yourself to read at least 1000 minutes this summer and get prizes along the way. Sign up at [ScottsdaleLibrary.org/summer-reading](http://ScottsdaleLibrary.org/summer-reading) today!



## SUMMER CAMPS FOR YOUTH

Find your fun this summer with Scottsdale Parks and Recreation Camps! From our traditional camps to activity camps, there is something for every kid to thrive this summer!

Scottsdale Summer Camps run weekly from June 3 to July 26.

### YOUTH SUMMER CAMPS

(1<sup>st</sup> - 5<sup>th</sup> Grade - 5y 9m but less than 12)

Parks and Recreation Summer Camps offer dynamic, enriching recreational opportunities for youth of Scottsdale that address the changing lifestyles and needs of families. Our goal is to provide children a safe, comfortable and enriching place to play and engage others during the summer. *No Camp June 19, July 4-5.*

Registration options include full summer or weekly.  
Registration Fees: \$1,184 full summer or \$160 a week.

#### MOHAVE

8490 E. Jackrabbit Road | 480-312-2329

M-F 8 am-5:30 pm 6/3-7/26

#### COCOPAH MIDDLE SCHOOL

6615 E. Cholla St. | 480-312-2329

M-F 8 am-5 pm 6/3-7/26

#### DESERT CANYON

10203 E. McDowell Mountain Ranch Road | 480-312-2650

M-F 8 am-5 pm 6/3-7/26

### TEEN CAMPS

(6<sup>th</sup> - 8<sup>th</sup> Grade)

Offering dynamic, enriching recreational opportunities for teens entering 6th, 7th and 8th grade in the Fall of 2024. Providing teens a safe, comfortable and fun atmosphere to express themselves, meet others and be physically active. The activities programmed provide an opportunity for self-expression through various art forms, sports, fitness, games, events, and excursions. *No Camp June 19, July 4-5.*

Registration options include full summer or weekly.  
Registration Fees: \$1,184 full summer or \$160 a week.

#### MOHAVE

8490 E. Jackrabbit Road | 480-312-2329

M-F 8 am-5:30 pm 6/3-7/26

#### COCOPAH MIDDLE SCHOOL

6615 E. Cholla St. | 480-312-2329

M-F 8 am-5 pm 6/3-7/26

#### DESERT CANYON

10203 E. McDowell Mountain Ranch Road | 480-312-2650

M-F 8 am-5 pm 6/3-7/26

### SUMMER ACTIVITY CAMP

(1<sup>st</sup> - 5<sup>th</sup> Grade)

This fun sports program is led by experienced recreation professionals and is appropriate for students going into 1<sup>st</sup>-5<sup>th</sup> grades. Participants will be divided into groups according to age. *No Camp June 19, July 4-5.*

Registration options include full summer or weekly.  
Registration Fees: \$592 full summer or \$80 a week.

#### PIMA ELEMENTARY

8330 E. Osborn Road | 480-312-7657

M-F 8 am-noon 6/3-7/26

### ENDLESS SUMMER - EXCURSION CAMP

(3<sup>rd</sup> - 7<sup>th</sup> Grade)

Join us the last week of summer for an excursion packed week of programs. Participants will go on an excursion every day! Excursion locations could include Jakes Unlimited, Golfland Sun Splash, Dave and Busters, Hurricane Harbor, and KTR. Price includes lunch and a snack every day.

Registration Fee: \$325

#### MOUNTAIN VIEW PARK

8625 E. Mountain View Park | 480-312-2584

M-F 8 am-5pm 7/29-8/2

Visit  
**ScottsdaleAZ.gov** and search  
**"Summer Program"**  
for more information.



Summer camps/programs are not licensed childcare. These are "drop in" programs, meaning that youth are permitted to come and go as they wish. Participants do not sign in or out. For updates and new information, visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Summer Camps."

## ARTS & CRAFTS

To view the supply list for classes, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Art Supply."

### ADVANCED OIL PAINTING

(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits, and special effect painting, including challenging elements; such as hair, fur, ice cubes, glass/ reflections and more.

M	4:45-7:45 pm	6/3/(11classes)	VLSC	\$116(R)/\$174(N)	Fried	42128
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### DRAW/PAINT

Have the freedom to use any medium you choose, pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. \$1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

(15+)

Tu	5:45-7:45 pm	6/4/(7classes)	ELDO	\$71(R)/\$107(N)	Chestney	42183
W	9:30 am-12:30 pm	6/5/(6classes)	ELDO	\$86(R)/\$129(N)	Chestney	42184
W	1-4 pm	6/5/(6classes)	ELDO	\$86(R)/\$129(N)	Chestney	42187
Th	9:30 am-12:30 pm	6/6/(7classes)	ELDO	\$86(R)/\$129(N)	Chestney	42185
Th	1-4 pm	6/6/(7classes)	ELDO	\$86(R)/\$129(N)	Chestney	42188

(18+)

Th	9 am-12 pm	6/6/(11classes)	VLSC	\$160(R)/\$240(N)	Consalvo	42186
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### DRAWING

(18+) Focus on the basic fundamentals of drawing, learning various techniques including perspective, shading, proportion, and composition. Enjoy using pencil, colored pencils and charcoal.

Tu	1-4 pm	6/4/(12classes)	VLSC	\$173(R)/\$260(N)	Consalvo	42189
W	9:15 am-12:15 pm	6/5/(7classes)	HRZN	\$98(R)/\$147(N)	Milman	43275

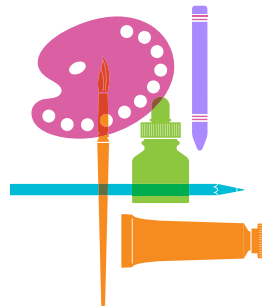
### INT./ADV. WATERCOLOR

(18+) Learning watercolor composition using images of landscapes, still lifes and portraits. Emphasis on learning to see as the artist does and not just copying an image.

M	1-4 pm	6/3/(9classes)	GRSC	\$128(R)/\$192(N)	Gin	42679
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### INTRO TO ART

(18+) Get comfortable with the core concepts of creating visual art. Play, explore and try a variety of mediums along the way! Great for curious beginners or getting back into creating. Lessons explore color, composition, patterns, perspectives, style, and brief art history. All art materials and paper will be provided.



Th	1-3:30 pm	7/11/(6classes)	VLSC	\$73(R)/\$110(N)	Dugie	42683
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### ARIZONA SUNSET PAINTING

(18+) Paint along with a guided tutorial, creating a memorable masterpiece to take home with you! This inspiring painting will be a beautiful landscape of warm, rosy colors that create a painting inspired by the Arizona sunsets. All materials will be provided.

W	9:30 am-12 pm	7/17/(1class)	HRZN	\$22(R)/\$33(N)	Dugie	43251
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### NEW ABSTRACT AMERICAN FLAG

(18+) Paint along with a guided tutorial of an abstract American Flag, creating a memorable art piece inspired by the Fourth of July to take home with you! All materials will be provided.

Tu	5-7:30 pm	7/2/(1class)	VLSC	\$22(R)/\$33(N)	Dugie	43249
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### RAINBOW SUNBURST PAINTING

(18+) Paint along with a guided tutorial of a rainbow sunburst, creating a memorable art piece inspired by stained glass to take home with you! All materials will be provided.

Tu	5-7:30 pm	8/13/(1class)	VLSC	\$22(R)/\$33(N)	Dugie	43247
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### OIL AND ACRYLIC PAINTING

(18+) New and continuing students will focus on developing basic skills, exploring color, style, and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract, or non-representational forms.

M	9 am-12 pm	6/3/(9classes)	VLSC	\$122(R)/\$183(N)	Wilson	42698
Tu	9 am-12 pm	6/4/(12classes)	VLSC	\$159(R)/\$239(N)	Oden	42228
Tu	1-4 pm	6/4/(12classes)	GRSC	\$159(R)/\$239(N)	Wilson	42699
F	1-4 pm	6/7/(12classes)	VLSC	\$173(R)/\$260(N)	Consalvo	42229

### OIL PAINTING

(18+) This class is geared to those who have taken at least one session of Beginners Oil, or have basic knowledge and some experience in the media. You will provide a picture, or I will suggest some I have collected. Individual help will be given at your easel, as requested. Grow as an artist in a relaxed friendly environment.



W	4:45-7:45 pm	6/5/(10classes)	VLSC	\$106(R)/\$159(N)	Fried	42142
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### PAINT STUDIO

(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors, or mixed media. Enjoy exploring art making and expanding your skills.

M	1-4 pm	6/3/(12classes)	VLSC	\$125(R)/\$188(N)	Khamis	42238
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### PAINT STUDIO FOR CONTINUING OIL PAINTERS

(18+) For those who have some painting experience and want to grow in their ability and confidence to produce better paintings. You will provide your own reference photos, and will get individual attention as needed to grow in your skills in a friendly and encouraging environment.

W	1-4 pm	6/5/(10classes)	VLSC	\$106(R)/\$159(N)	Fried	42230
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**WATERCOLOR**

(18+) Transparent watercolor for the beginning, as well as intermediate student will include basic techniques, color and composition using landscape, still life, and portrait. Individual attention with emphasis on learning to see as the artist does.

W	9 am-12 pm	6/5/(10classes)	VLSC	\$162(R)/\$243(N)	Godwin	42302
F	9 am-12 pm	6/7/(12classes)	VLSC	\$102(R)/\$153(N)	Khamis	42300

**CERAMICS**

**HOME ACCENTS**

(18+) Rev up your house and patio with fireplace sculptures, bookshelf decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. \$20 non-refundable cash material fee due at first class.

Sa	9:30 am-12:30 pm	6/8/(5classes)	ELDO	\$89(R)/\$134(N)	Peterson	42157
Sa	1-4 pm	6/8/(5classes)	ELDO	\$89(R)/\$134(N)	Peterson	42158

**INTRODUCTION TO CLAY**

Introduction to basic clay techniques including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class.

(14+)

M	5-7:45 pm	6/3/(5classes)	GRSC	\$89(R)/\$134(N)	Peterson	42161
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(18+)

Tu	9 am-12 pm	6/4/(12classes)	ELDO	\$192(R)/\$288(N)	Bogan	42159
Th	9 am-12 pm	6/6/(12classes)	ELDO	\$192(R)/\$288(N)	Bogan	42160
Th	12:30-3:30 pm	6/6/(12classes)	ELDO	\$192(R)/\$288(N)	Bogan	42163

**OPEN STUDIO**

(18+) Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller and staff-fired Cone 5/6 electric kiln, plus slips, glazes and more. NO INSTRUCTION: Proficiency in hand-building or wheel-throwing at an intermediate level or above required. You must be able to design, carry out and complete a project from wet clay to glazing without assistance. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns.

Tu	12:30-3:30 pm	6/4/(12classes)	ELDO	\$192(R)/\$288(N)	Bogan	42162
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**DIGITAL PHOTOGRAPHY**

**DIGITAL PHOTOGRAPHY - BEGINNING**

(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Then begin the process to really "see" your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Bring your DSLR camera to each class.

M	6-7:30 pm	6/24/(6classes)	VLSC	\$47(R)/\$71(N)	Bochenek	42182
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**COMMUNICATION & LANGUAGE**

**FRENCH - CONTINUING**

(18+) Designed for continuing students wanting to increase their current knowledge in developing conversational skills, practicing pronunciation and learning essential grammatical facts in a supportive and fun environment.

Tu	5:30-7:30 pm	6/4/(12classes)	HRZN	\$168(R)/\$252(N)	Gabor	42191
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**ITALIAN - LEVEL 1**

(14+) Learn Italian for travel purposes! This is an introductory class to the Italian language designed for students seeking speaking and listening abilities with minimal emphasis on grammar. In this course you will be introduced to the Italian alphabet, correct pronunciation of the individual letters and selected letter groups. Students will develop basic speaking, listening, reading, writing, comprehension and cultural awareness skills.

W	6:15-7:45 pm	6/5/(10classes)	HRZN	\$97(R)/\$146(N)	Orso	42200
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**ITALIAN - LEVEL 2**

(14+) This intermediate Italian course is designed for students who have a basic understanding of the Italian language. If you already have knowledge of singular and plural nouns, gender differences, and the verbs "essere," "stare," and "avere," this course is the next step for you. Develop your language skills and gain the tools and strategies to continue your independent study for further improvement. This course serves as a bridge between the basics and more advanced levels, preparing you for further linguistic growth in the Italian language.

Th	6:15-7:45 pm	6/6/(10classes)	HRZN	\$97(R)/\$146(N)	Orso	42202
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**ONLINE SPANISH: STEP 1**

(14+) If you know just a little of the basics in Spanish (masculine/feminine gender info, present tense verbs), this class gives you practice to converse, listen, and reviewing simple vocabulary, grammar, and sentence structure. This is the class to take after "Beginner Spanish Step 1" or if you took high school Spanish long ago and want to jump start your experience. Conversation practice uses mainly easier present tense structures.

M	9:30-11 am	6/3/(12classes)	ONLINE	\$105(R)/\$158(N)	Buettner	43464
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**REGISTRATION QUESTIONS?**  
 Call us before April 19 so we can guide you through the process, making registration a breeze!  
**480-312-7957**



## ONLINE SPANISH: STEP 2

(14+) If you are comfortable using simple sentences in Spanish, but you want to improve fluency and mix use of the present and past, this class gives you more challenging practice. We work to improve your listening/speaking/reading abilities.

W	10-11:30 am	6/5/(11classes)	ONLINE \$97(R)/\$146(N)	Buettner	43466
W	6-7:30 pm	6/5/(11classes)	ONLINE \$97(R)/\$146(N)	Buettner	43465

## DANCE

### BALLET - BEGINNING

(18+) This class is designed for the beginning student or those with less than two years of ballet training. This casual and fun class will offer a great workout while learning ballet basics, technique, terminology and ballet combinations.

Tu	2-3 pm	6/4/(12classes)	GRSC \$61(R)/\$92(N)	Moore	42130
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### BALLROOM DANCE - BASICS I

(18+) Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing, and much more. No partner required, however, we cannot guarantee there will be enough partners to share during class.

M	6-6:55 pm	6/3/(8classes)	VLSC \$48(R)/\$72(N)	Dale	42131
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### BALLROOM DANCE - BASICS II

(18+) After completing 2-3 sessions of the Basics I class, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing, and more.

Tu	5:45-6:40 pm	6/4/(4classes)	FENP \$29(R)/\$44(N)	Dale	42132
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### BALLROOM DANCE - BASICS III

(18+) After completing 4-5 sessions of the Basics I AND Basics II level classes, this level will continue with introducing step patterns and technique in basic levels of social dancing. Dances may include foxtrot, waltz, cha-cha, tango, rumba, swing and more. No partner required; however we cannot guarantee there will be enough partners to share during class. This is NOT a Beginner's class. Must have taken at least two Basics classes before enrolling into Basics III.

Tu	6:45-7:40 pm	6/4/(4classes)	FENP \$29(R)/\$44(N)	Dale	43206
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### BALLROOM DANCE - BEYOND THE BASICS

(18+) (18+) Here's a chance for the student who has taken 4-5 sessions of the beginner's class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor.

W	5:50-6:45 pm	6/5/(7classes)	VLSC \$43(R)/\$65(N)	Dale	42133
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### BALLROOM DANCE - INTERMEDIATE SMOOTH & RHYTHM

(18+) This class will focus on higher-level patterns and techniques in dances such as foxtrot, waltz, tango, rumba, cha-cha, swing, salsa, and more! A fun continuation for the student who has had at least 5 or 6 sessions of ballroom dance and who have learned 7 to 8 patterns in each of the social ballroom dances.

W	6:50-7:45 pm	6/5/(7classes)	VLSC \$43(R)/\$65(N)	Dale	42134
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### LINE DANCING: BEGINNERS

(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for country, latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class. Some dance experience would be helpful.

Tu	10:35-11:35 am	6/4/(12classes)	VLSC \$88(R)/\$132(N)	Chapman	42205
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### LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE

(18+) This is a high beginner low intermediate class and it does require a full knowledge of all the basic dance moves and terminology you learned in the beginning classes. This is a much faster paced class than the beginner class. You will be learning new more intricate dance moves as we progress through the class.

Tu	9:20-10:20 am	6/4/(12classes)	VLSC \$88(R)/\$132(N)	Chapman	42206
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### TAP - INTERMEDIATE

(18+) This fast-paced intermediate class is for the fun of tapping to a variety of music and styles. Choreography for dances will be taught while learning and building on basic techniques of both rhythm and Hollywood styles. Tap shoes required.

Tu	6:15-7:15 pm	6/4/(8classes)	MTNV \$54(R)/\$81(N)	Campi	42284
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### TAP - SENIOR BEGINNING TECHNIQUES

(18+) Learn the basics of different dance steps and combinations while improving your memory and having fun.

Th	2:45-3:45 pm	6/6/(8classes)	GRSC \$49(R)/\$74(N)	Campi	42285
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### TAP - SENIOR INTERMEDIATE LEVEL I

(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th	4-5 pm	6/6/(8classes)	GRSC \$49(R)/\$74(N)	Campi	42286
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### TAP - SENIOR INTERMEDIATE LEVEL II

(18+) Learn more challenging dance routines while improving your memory and having fun. Please note, if you are not at the appropriate skill level, you will be asked to withdraw, and staff will do their best to locate a class at the correct level.

Th	5-6 pm	6/6/(8classes)	GRSC \$49(R)/\$74(N)	Campi	42287
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## FITNESS & HEALTH

### 30/30/30

(14+) This 90-minute class is for those of you who like it all! The class will start off with 30 minutes of Aerobics, followed by 30 minutes of Strength Training and finishing up with 30 minutes of Pilates, stretch and meditation.

W	5:30 - 7 pm	6/5/(11classes)	CACT	\$89(R)/\$134(N)	Alfraid	42268
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### AEROBICS

(18+) Start your day off right with this 'work at your own pace' cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

M	8:15 - 9 am	6/3/(12classes)	GRSC	\$62(R)/\$93(N)	Alfraid	42129
Sa	8:05 - 8:55 am	6/8/(12classes)	VLSC	\$62(R)/\$93(N)	Alfraid	42678



### BARRE EXPRESS

(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga, and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

MW	6:10 - 7 am	6/3/(21classes)	MMRA	\$170(R)/\$255(N)	Spencer	42136
M	5:45 - 6:35 pm	6/3/(11classes)	MMRA	\$101(R)/\$152(N)	Spencer	42135

### BETTER BALANCE FOR SENIORS

(18+) While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises.

M	11:15 am-12:05 pm	6/3/(12classes)	VLSC	\$121(R)/\$182(N)	Yancy	42145
W	11 - 11:50 am	6/5/(12classes)	VLSC	\$121(R)/\$182(N)	Yancy	42143
Th	10:15 - 11:05 am	6/6/(13classes)	VLSC	\$130(R)/\$195(N)	Yancy	42144

### BODY AND MIND

(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilates providing a full body workout including cardio, strengthening and flexibility.

MW	9:15 - 10:15 am	6/3/(23classes)	GRSC	\$109(R)/\$164(N)	Alfraid	42147
F	11:15 am-12:15 pm	6/7/(12classes)	VLSC	\$62(R)/\$93(N)	Alfraid	42146

### BODY CONDITIONING

(18+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness to incorporate fitness into everyday life.

W	8:15 - 9 am	6/5/(11classes)	GRSC	\$58(R)/\$87(N)	Alfraid	42148
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### BOLLYX - THE BOLLYWOOD WORKOUT!

(14+) BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling.

M	6:45 - 7:45 pm	6/3/(11classes)	HRZN	\$90(R)/\$135(N)	Patel	42149
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### CARDIO-CORE FITNESS

(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

Tu	8:15 - 9:05 am	6/4/(12classes)	VLSC	\$60(R)/\$90(N)	Robertson	42156
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### CORE AND MORE

(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside weight training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and glutes).

Th	5:30 - 6:30 pm	6/6/(11classes)	MMRA	\$60(R)/\$90(N)	Teisch	42173
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### CHAIR PILATES

(18+) This class is designed for those who have difficulty getting up off of and down onto the floor. This active pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age. We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. No pilates experience is needed! Students must be able to stand and walk independently, without the support of a walker or cane.

Tu	8:15 - 9:05 am	6/4/(13classes)	VLSC	\$130(R)/\$195(N)	Yancy	42164
F	8:15 - 9:05 am	6/7/(14classes)	VLSC	\$139(R)/\$209(N)	Yancy	42165

### GENTLE CHAIR PILATES

(18+) Do your Pilates using a chair instead of a mat! This class is designed for those who have difficulty getting up off of and down onto the floor. This gentler Pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age but with a slower paced, gentler approach to Pilates. The class will offer exercises targeting a stronger core, healthier back, shoulders, pelvis and knees, as well as better balance... with a little fun mixed in! The class also includes plenty of stretches in between the exercises to maintain and improve joint range of motion. Please note that exercises will be done both while sitting and standing (using the chair for support) and students must be able to stand independently, without the support of a walker or cane. No Pilates experience is needed and beginners are welcome!



Tu	9:15 - 10:05 am	6/4/(13classes)	VLSC	\$130(R)/\$195(N)	Yancy	43211
W	9 - 9:50 am	6/5/(12classes)	VLSC	\$121(R)/\$182(N)	Yancy	42193

## PILATES

(14+) This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M	10-11 am	6/3/(11classes)	MMRA	\$114(R)/\$171(N)	Nicholas	42241
W	6:15-7:15 pm	6/5/(10classes)	HRZN	\$78(R)/\$117(N)	Martin	42242

(18+)

Tu	1:30-2:25 pm	6/4/(13classes)	VLSC	\$100(R)/\$150(N)	Yancy	42244
W	8:05-8:55 am	6/5/(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	43210
Th	1:30-2:25 pm	6/6/(13classes)	VLSC	\$100(R)/\$150(N)	Yancy	42243

## PILATES - GOLF CONDITIONING

(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of pilates.

Tu	4:45-5:35 pm	6/4/(10classes)	MMRA	\$78(R)/\$117(N)	Martin	42246
Th	4:45-5:35 pm	6/6/(10classes)	VLSC	\$78(R)/\$117(N)	Martin	42245

## PILATES GENTLE

(18+) This pilates class contains all the benefits to a traditional pilates class, however this style is slower and a gentler approach.

W	10:30-11:30 am	6/5/(11classes)	GRSC	\$65(R)/\$98(N)	Alfrid	42247
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## PILATES INTERMEDIATE/ADVANCED

(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

W	10-11 am	6/5/(11classes)	MMRA	\$114(R)/\$171(N)	Nicholas	42248
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## SENIOR CIRCUIT - CARDIO, STRETCH AND STRENGTH TRAINING

(18+) A one hour class including cardio and strength training portions. Each class will be broken down into five segments: warm Up (including stretch), work, cool-down, final stretch and relaxation. Within the work segment, alternate cardio and strength training blocks will be offered. Each segment will offer varying levels of exertion, to permit those just starting out through those looking for a more vigorous session to experience the appropriate challenge.

M Th	1-2 pm	6/3/(23classes)	GRSC	\$126(R)/\$189(N)	Herriot	42684
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## SENIOR STRENGTH TRAINING

(18+) Resistance and strength training can enable senior citizens to regain muscle mass and strength at any age. You're never too old to build a little muscle and fight conditions like osteoporosis. Many of the degenerative diseases experienced in the aging process are related to loss of muscle mass and strength. Focus will be geared to those issues related to senior citizens. This class will utilize basic exercises on machines and with free weights.

M W	11 am-12 pm	6/3/(24classes)	VLSC	\$133(R)/\$200(N)	Teisch	42256
M W	5:45-6:45 pm	6/3/(23classes)	VLSC	\$127(R)/\$192(N)	Teisch	42258
Tu Th	10-11 am	6/4/(20classes)	VLSC	\$154(R)/\$231(N)	Brancati	42255
Tu Th	11:30 am-12:30 pm	6/4/(20classes)	GRSC	\$154(R)/\$231(N)	Brancati	42257

## STEP AEROBICS

(14+) This class provides the ideal workout for those students who want a challenge and results. It will improve strength, muscle endurance, flexibility and balance. Steps can be adjusted for beginners and advance levels.

Tu	6-7 pm	6/4/(9classes)	HRZN	\$71(R)/\$107(N)	Martin	42264
Th	6-7 pm	6/6/(10classes)	HRZN	\$78(R)/\$117(N)	Martin	42265



## STEP AND STRENGTHEN

(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa	9:15-10:15 am	6/8/(12classes)	HRZN	\$62(R)/\$93(N)	Alfrid	42266
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## STRENGTH TRAINING

(18+) This class incorporates resistance and weight bearing exercises set to upbeat, energizing music. Improving and increasing aerobic capacity is an additional goal while building stamina, endurance and balance capacity. \*Due to consideration of people with allergens to fragrance and perfume, we are requesting that you withhold wearing any fragrances to your classes.

M Th	9-9:55 am	6/3/(23classes)	MMRA	\$127(R)/\$192(N)	Teisch	42259
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## STRETCH IT OUT!

(18+) This class is designed to loosen tight muscles and joints at a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W	12-1 pm	6/5/(10classes)	VLSC	\$60(R)/\$90(N)	Alfrid	42267
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The City of Scottsdale fully supports the provision of the Americans with Disabilities Act and is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that the full participation may be enjoyed by all. See page 6 for details.

**TAI CHI**

(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections.

**BEGINNING**

Will cover positions from the first section.

M	10:45 am-12:15 pm	6/3/(12classes)	GRSC	\$78(R)/\$117(N)	Isaacson	42282
Tu	6-7 pm	6/4/(12classes)	MMRA	\$52(R)/\$78(N)	Oestreich	42701
W	9:30-10:30 am	6/5/(11classes)	VLSC	\$52(R)/\$78(N)	Navarro	42277
W	10:45-11:45 am	6/5/(11classes)	VLSC	\$52(R)/\$78(N)	Isaacson	42276
W	5:30-7 pm	6/5/(11classes)	GRSC	\$72(R)/\$108(N)	Isaacson	42275
Th	9-10:30 am	6/6/(11classes)	GRSC	\$72(R)/\$108(N)	Isaacson	42280
Th	11:15 am-12:45 pm	6/6/(11classes)	VLSC	\$78(R)/\$117(N)	Navarro	42281
F	9:30-10:30 am	6/7/(12classes)	VLSC	\$52(R)/\$78(N)	Navarro	42278
Sa	9-10:30 am	6/8/(12classes)	VSTA	\$78(R)/\$117(N)	Isaacson	42279

**INTERMEDIATE**

Students must be proficient in positions from the first section.

W	10:45-11:45 am	6/5/(11classes)	VLSC	\$46(R)/\$69(N)	Navarro	42283
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**ADVANCED**

Students must be proficient in the positions from the first and second section.

W	9:30-10:30 am	6/5/(11classes)	VLSC	\$46(R)/\$69(N)	Isaacson	42274
F	9:30-11 am	6/7/(12classes)	VLSC	\$69(R)/\$104(N)	Isaacson	42272
Sa	10:45 am-12:15 pm	6/8/(12classes)	VSTA	\$69(R)/\$104(N)	Isaacson	42273

**THE TOTAL WORKOUT**

(18+) Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing.

F	9:15-10:15 am	6/7/(12classes)	GRSC	\$62(R)/\$93(N)	Alfraid	42288
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**TONE AND STRETCH**

(18+) Start your day off right with this 'work at your own pace' cardio and toning class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Class ends with a cool-down and a guided meditation. Modifications are provided. Please bring your own hand weights.

M	8:15-9:05 am	6/3/(12classes)	VLSC	\$60(R)/\$90(N)	Robertson	42289
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**TOTALLY TONING**

(14+) Strengthen and tone your major muscle groups using weights, exercise balls, body bars and gravity. Learn proper form and technique to maximize results. Target problem areas and increase your metabolism with more muscle.

Tu	5:30-6:30 pm	6/4/(12classes)	MMRA	\$64(R)/\$96(N)	Teisch	42298
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**ZUMBA**

Zumba® is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system! It is this mixture of body sculpting movements in easy to follow dance steps and the principals of fitness interval and resistance training that allow Zumba participants to maximize their caloric and fat burning output for total body toning.

(14+)

Th	6:15-7:15 pm	6/6/(11classes)	CACT	\$83(R)/\$125(N)	Kenrick	42332
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(18+)

Tu	9:15-10:15 am	6/4/(12classes)	MMRA	\$89(R)/\$134(N)	Kenrick	42331
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**ZUMBA GOLD**

(18+) Perfect for anyone who is looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. This class is ideal for beginners as well as individuals seeking a low-impact exercise program.

M	1-1:55 pm	6/3/(12classes)	VLSC	\$89(R)/\$134(N)	Kenrick	42335
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Tu	12-1 pm	6/4/(12classes)	VLSC	\$70(R)/\$105(N)	Scott	42333
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W	8:15-9:10 am	6/5/(11classes)	VLSC	\$83(R)/\$125(N)	Kenrick	42334
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F	8:15-9:10 am	6/7/(12classes)	VLSC	\$89(R)/\$134(N)	Kenrick	42336
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**ZUMBA TONING**

(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and also increases a sense of rhythm and coordination.

Tu	10:30-11:30 am	6/4/(12classes)	MMRA	\$89(R)/\$134(N)	Kenrick	42337
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Tu	6:15-7:15 pm	6/4/(12classes)	CACT	\$89(R)/\$134(N)	Kenrick	42338
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**YOGA & MEDITATION**

**MEDITATION FOR EVERYONE**

(18+) Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods.

F	12:15-1:15 pm	6/7/(14classes)	VLSC	\$107(R)/\$161(N)	Yancy	42211
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## ALL LEVELS CHAIR YOGA

(18+) Practice yoga using a chair instead of a mat! This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. The chair is used in sitting postures to help stretch and warm up the body and open the shoulders and neck. This is followed by a series of standing poses, using the chair for support in standing and balancing when needed. The exercises are specifically designed and sequenced for those who want to stay healthy, keep moving and maintain their independence as they age, as well as for those with limited mobility or movement disorders. These exercises will safely improve flexibility, strength and balance and will help to maintain mobility, without the impact and stress of traditional exercises. Beginners are welcome and no previous yoga experience is needed.

M	9:15-10:10 am	6/3/(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	42121
M	10:15-11:10 am	6/3/(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	42127
W	10-10:55 am	6/5/(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	42126
Th	9:15-10:10 am	6/6/(13classes)	VLSC	\$100(R)/\$150(N)	Yancy	42125
F	9:15-10:10 am	6/7/(14classes)	VLSC	\$107(R)/\$161(N)	Yancy	42123
F	11:15 am-12:10 pm	6/7/(14classes)	VLSC	\$107(R)/\$161(N)	Yancy	42122

## GENTLE CHAIR YOGA

(18+) Practice yoga using a chair instead of a mat! This Gentle Chair Yoga Class is designed for those with limited mobility who want to practice yoga but have difficulty standing for long periods. It is also for anyone looking for a more gentle and relaxing Chair Yoga practice. Each class includes gentle stretching to release tension, stiffness and stress from tight muscles and joints, followed by gentler variations of yoga poses for strength and posture, all done seated in a chair. Approximately 15 minutes of each class will be done standing, working to improving balance and mobility.

F	10:15-11:10 am	6/7/(14classes)	VLSC	\$107(R)/\$161(N)	Yancy	42124
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## INTERMEDIATE CHAIR YOGA

(18+) Practice yoga using a chair instead of a mat! This class is designed for those with previous yoga or chair yoga experience and who want to take a challenging yoga class, but have difficulty getting up off of and down onto the floor. This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body followed by a series of standing and balance poses, using the chair for support when needed. These yoga based exercises and sequences are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age and have a little fun trying new variations on traditional yoga poses. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

M	8:15-9:10 am	6/3/(12classes)	VLSC	\$93(R)/\$140(N)	Yancy	42169
Th	8:15-9:10 am	6/6/(13classes)	VLSC	\$100(R)/\$150(N)	Yancy	42168



## HATHA YOGA

(14+) The benefits of Hatha yoga include better sleep, strengthening core muscles, improving depression symptoms, and helping with stress management, as well as an effective way to lose weight. Hatha yoga is a type of yoga that emphasizes holding poses. It is made up of three main practices: body postures, breathing techniques, and meditation. You are guaranteed to walk out this type of yoga in a better mood and feeling happier while your body is more flexible. All levels welcome.

M	6-7 pm	6/3/(4classes)	MMRA	\$38(R)/\$57(N)	Parrow	42196
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## JOURNEY INTO YOGA

(18+) Take a journey into your yoga practice! Explore the fundamentals of yoga based on breath work, mindfulness, alignment, building strength and increasing flexibility. Beginner friendly and perfect for continuing students. Discover the joy in your yoga journey through foundational yoga postures while stimulate, rejuvenate, and nurture your body and mind connection.



Th	9-10:15 am	6/6/(11classes)	GRSC	\$94(R)/\$141(N)	Urata	42204
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## MYOFASCIA RELEASE AND RESTORATIVE

(18+) Release your fascia that may be causing pain or limited range of mobility. Do you suffer from tight muscles, joint, foot, hip, neck, shoulder, or back pain, feeling stressed or anxious? Myofascial release aims to relax tense, constricted fascia surrounding soft tissue. This is a heavily restorative, low intensity, no impact class that uses several healing modalities (myofascia release, yoga, ancient Chinese meridian point, etc) to soften connective tissue restrictions/adhesion, release tension, stress, anxiety, and trapped energy- restoring harmony and balance within.

Th	10:30-11:45 am	6/6/(8classes)	GRSC	\$71(R)/\$107(N)	Urata	42220
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## YOGA

(18+) Find balance for your body, mind and spirit! The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. Join us to release tension, restore vitality and improve back health and posture! All levels welcome.

### All Levels (14+)

W	6:30-7:45 pm	6/5/(3classes)	MMRA	\$33(R)/\$50(N)	Parrow	42695
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### All Levels (18+)

W	9:30-10:45 am	7/24/(5classes)	MMRA	\$46(R)/\$69(N)	Stewart	42320
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F	9:30-10:45 am	6/7/(12classes)	HRZN	\$97(R)/\$146(N)	Rothman	42309
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### Beginning (18+)

W	10:30 am-12 pm	6/5/(11classes)	CACT	\$101(R)/\$152(N)	Sikes	42310
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Th	10:45 am-12:15 pm	6/6/(11classes)	VLSC	\$109(R)/\$164(N)	Parrow	42311
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### Intermediate (18+)

M	9:30-10:45 am	6/3/(12classes)	VLSC	\$97(R)/\$146(N)	Rothman	42318
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Th	9:15-10:30 am	6/6/(11classes)	VLSC	\$93(R)/\$140(N)	Parrow	42319
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**YOGA BASICS**

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly; also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness, and movement from a place of stability.

W	11 am-12 pm	7/24/(5classes)	MMRA	\$39(R)/\$59(N)	Stewart	42321
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**YOGA - GENTLE**

(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath. All levels welcome.

(14+)

M	9:30 -11 am	6/3/(12classes)	GRSC	\$109(R)/\$164(N)	Sikes	42315
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(18+)

M	11 am-12:15 pm	6/3/(12classes)	VLSC	\$97(R)/\$146(N)	Rothman	42312
Tu	9:15 -10:45 am	6/4/(8classes)	GRSC	\$79(R)/\$119(N)	Vershure	42314
Tu	9:15 -10:45 am	7/30/(5classes)	GRSC	\$55(R)/\$83(N)	Parrow	43208
Th	9:30 -10:45 am	6/6/(10classes)	HRZN	\$82(R)/\$123(N)	Rothman	42308
F	10:45 am-12:15 pm	6/7/(12classes)	GRSC	\$118(R)/\$177(N)	Parrow	42313

**YOGA - GENTLE/RESTORATIVE**

(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

Tu	10:15 -11:40 am	6/4/(13classes)	VLSC	\$145(R)/\$218(N)	Yancy	42317
Th	2:30 -3:55 pm	6/6/(13classes)	VLSC	\$145(R)/\$218(N)	Yancy	42316

**YOGA - RESTORATIVE**

(18+) Counteract a fast-paced, stressed-out life off the mat with restorative yoga. Yogis of all levels can enjoy this gentle, slow, still style of yoga involving long, passive holds in a series of 4-6 restful poses. Supported by props, the body releases tension and achieves physical, mental and emotional relaxation.

F	9:15-10:30 am	6/7/(12classes)	GRSC	\$100(R)/\$150(N)	Parrow	43207
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**YOGA FOR STRONG BONES - ALL LEVELS**

(18+) This gentle class emphasizing safe and proper alignment is for anyone wanting to improve bone density and strength, posture, balance, and muscular strength. Everyone with osteopenia and osteoporosis is welcome but you must be able to get up from your mat without assistance. If you have serious osteoporosis, check with your doctor to be sure that a yoga class is appropriate for you.



Tu	11 am-12:30 pm	6/4/(8classes)	GRSC	\$79(R)/\$119(N)	Vershure	42322
Tu	11 am-12:15 pm	7/30/(5classes)	GRSC	\$48(R)/\$72(N)	Parrow	43209

**HOBBIES & INTERESTS**

**BRIDGE - BEGINNING**

(18+) This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We'll cover opening bids and responses, no trump calls, overcalls, preempts, etc. Most important, there will be a great deal of hand play. Weekly review and open discussion help players develop communications skills with their partners.

W	9:30 -11:30 am	6/5/(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	42150
W	9:30 -11:30 am	7/24/(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	42151



**BRIDGE - INTERMEDIATE**

(18+) This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raises; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for gam bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

Th	9:30 -11:30 am	6/6/(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	42152
Th	9:30 -11:30 am	7/25/(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	42153

**CHESS**

(18+) Learn the fundamentals of Chess. Have you ever wondered about opening theories, pins, forks, castles and endgames? How about Chess piece names, values and pawn promotions? Each class is designed to expand your knowledge of chess from the board up. You'll practice new tactics and strategies in a fun and inclusive environment.

F	9 -11 am	6/7/(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	42170
F	9 -11 am	7/19/(6classes)	VLSC	\$56(R)/\$84(N)	Bigham	42171

**CREATIVE WRITING**

(18+) Creative writing class will focus on craft. This will include creative writing prompts, plot/character development, help with revision and constructive feedback. All levels and creative writing forms welcome.

W	12 -2 pm	6/5/(5classes)	VLSC	\$52(R)/\$78(N)	Robertson	42175
W	12 -2 pm	7/24/(5classes)	VLSC	\$52(R)/\$78(N)	Robertson	42176

**CREATIVE WRITING II**

(18+) In this class we will continue to hone our writing craft and prepare our writing for submission. Creative Writing I is a prerequisite for this class.

W	2:30 -4:30 pm	6/5/(7classes)	VLSC	\$68(R)/\$102(N)	Robertson	42702
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## ONLINE INTRODUCTION TO VOICE OVER

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

W	6-8 pm	7/17/(1class)	ONLINE \$24(R)/\$36(N)	Reiss	43460
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## LET'S PLAY TABLE TENNIS

(16+) In this class, we will practice improving our strokes and drills, improve your serves and how to read spin better. We will mix in some footwork too, and doubles play. We will work in some game strategies to use, and there will be time for practice and open play, and match play too!

Th	4:30-6 pm	6/6/(4classes)	VLSC \$54(R)/\$81(N)	Mack	42693
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## LET'S PLAY TABLE TENNIS - INTERMEDIATE

(15+) Ready to ramp up your game? In this class, we will practice as though you are going to play in a tournament! Strokes, spin, power and placement. We will practice more shots - the loop, block, drop shot, heavy push, smash, and how about a lob or chop? Footwork drills, more advanced service drills/motions, and third ball attack - all chances to refresh or add to your skill set!

Th	4:30-6 pm	7/25/(5classes)	VLSC \$64(R)/\$96(N)	Mack	42814
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## MAH JONGG - BEGINNING

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

M	10 am-12 pm	6/3/(6classes)	VLSC \$69(R)/\$104(N)	Weiner	42208
M	10 am-12 pm	7/15/(6classes)	VLSC \$69(R)/\$104(N)	Weiner	43265

## NEW AZ RESIDENTS - TAX AND TRUST LAWS

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans.

Tu	6:15-7:45 pm	7/16/(2classes)	HRZN \$21(R)/\$32(N)	Shellander	42221
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## TRUSTS, WILLS AND ESTATE PLANNING

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.

Th	5:30-7 pm	7/18/(2classes)	VLSC \$21(R)/\$32(N)	Shellander	42299
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## MUSIC

### PIANO/KEYBOARD

This unique award winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

W	6:30-7:30 pm	6/12/(5classes)	HRZN \$105(R)/\$158(N)	Elements Music	42239
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## REGISTRATION QUESTIONS?


Call us before April 19 so we can guide you through the process, making registration a breeze!

**480-312-7957**

## SCOTTSDALE AQUATICS OFFERS:



**SWIM LESSONS  
FOR ALL AGES  
(YOUTH & ADULT)**



**WATER  
EXERCISE  
CLASSES**



**RECREATIONAL  
SWIM TEAM**

For more information, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Aquatics."

### POOL LOCATIONS:

#### CACTUS AQUATIC & FITNESS CENTER (CACT)

7202 E. Cactus Road | 480-312-7665

#### CHAPARRAL AQUATIC CENTER (CHAA)

5445 N. Hayden Road | 480-312-2361

#### ELDORADO AQUATIC & FITNESS CENTER (ELDA)

2301 N. Miller Road | 480-312-2484

#### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)

15525 N. Thompson Peak Parkway | 480-312-6677

### SUMMER POOL HOURS:

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search 'Aquatic' for specific hours of operation and entrance fees.

#### LAP SWIM RATES

Adult (R) \$4 / Adult (N) \$6	CACT / CHAP / ELDA/MMRA
Child (R) \$3 / Child (N) \$4	CACT / CHAP / ELDA/MMRA

#### WATER PARK FEES

Adult (R) \$7 / Adult (N) \$10	MMRA
Child (R) \$5 / Child (N) \$7	MMRA
Adult (R) \$4 / Adult (N) \$6	ELDA
Child (R) \$3 / Child (N) \$4	ELDA

### SUMMER FAMILY PASSES

Unlimited visits Memorial Day - Labor Day\*, Family of 4 (or less)

#### FAMILY PASS

(R) \$480 / (N) \$680	MMRA
(R) \$280 / (N) \$400	CACT / CHAP / ELDA

Each additional family member for Non-MMR passes (R) \$20/ (N) \$30

Additional for MMR is (R) \$80/ (N) \$120

\*All family members must be added to pass at the time of purchase\*



### LEARN TO SWIM LESSONS

All City of Scottsdale Instructors are certified by the StarFish Aquatic Institute. The water and safety program teaches swimming and safety skills in a logical progression. It is important for the student to be registered in the proper level. Please use the age guidelines and the class descriptions to help determine the appropriate level for your child. Detailed information can be provided by the aquatic staff. Swim Lesson Assessments are also offered by the staff to help determine the child's current level. Please call if you have questions.

- If your child's skill level is not within the advertised age range, please contact the aquatic facility to discuss age override options.
- Each class is 30 minutes in length.

*Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.*

**Waitlist Policy** - Waitlisted participants will be called and will have 24 hours to respond if there is an opening in a class. Waitlisted participants will be removed if they do not respond. Waitlists will not be managed after the 3rd class.

#### FREE SWIM LESSON ASSESSMENTS

Certified instructors will conduct a swim test to determine the child's current level. All participants will receive a recommended level to assist with lesson registration. To schedule a swim lesson assessment, call any of our aquatic centers.

**AQUATIC INCLEMENT WEATHER POLICY** - The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If 4 or more days in a session are missed due to weather, a credit can be issued for each day missed, starting on the fourth day. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.



### TEEN LEARN TO SWIM

(11-17yrs) It is never too late to learn to swim or improve your strokes! This class is geared toward youth who want to learn the basics and/or want to improve their swimming techniques.

### ADULT LEARN TO SWIM

(13yrs+) It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques.

### ADULT STROKE REFINEMENT

(13yrs+) This class is for adults who would like coaching to improve their swimming and stroke technique. This class will also introduce swimming for fitness.

## SPECIALTY CLASSES

All classes are 50 minutes in length unless otherwise noted.

Ages: 13 and older

Fees: Monthly pre-registration is recommended (fee varies)

Drop-in fee: \$5 R/ \$8 N, space permitting (Drop-in participation is limited due to class size. Drop-in may not be accommodated if class registration is full.)

Please Note: Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.

### SAMPLE CLASS WEEK

Not sure if you want to join a water aerobics class? Here's your chance to sample the class while we train our new water aerobics instructors for the summer season. We will offer our summer schedule of water aerobics classes at each pool for free from May 28 through May 31.

### ACHE AWAY EXERCISE

Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching & toning.

### DEEP WATER EXERCISE

Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool and features aerobic exercise, treading water, and activities that improve swimming technique & fitness. A variety of water equipment is used for conditioning and total body toning.

Go to [Recreation.ScottsdaleAZ.gov](https://Recreation.ScottsdaleAZ.gov) to search for times and locations.

### SHALLOW WATER EXERCISE

Walking, running, jumping, and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

### TONE & TAI CHI

This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance, and energy. A great way to start your day or prepare yourself for water exercise or lap swim.

### LOG ROLLING CLINICS

13yrs+. Come learn one of the most unique aquatic trends! Log rolling is an aquatic sport in which participants use foot work, core strength, and balance to stay on top of a spinning log in the water. It offers participants a fun balance challenge with strong fitness benefits.

### AQUATICS SPORTS CAMP (6-17YRS)

Come join our fun and exciting sports camp and have the opportunity to learn and play every water sport imaginable! Learn the FUNdamentals of different water sports including swimming, diving, water polo, water basketball, synchronized swimming, log rolling, and water safety too!

### LONG COURSE LAP SWIM

Available on Fridays at Cactus Aquatic and Fitness Center 50 meter long course lap swimming offered at Cactus Aquatic Center Fridays in June and July from 11 a.m. - 4 p.m. \*Lane availability pending facility programming and reservations\*



# SUMMER RECREATION SWIM AND DIVE TEAMS

## Recreational Swim Team

This program focuses on enhancing and improving swimming stroke in a recreational environment. Participants must be able to swim 25yards across the pool in all of the four competitive strokes.

## Recreational Dive Team

Program objective is to improve diving skills through skill progression and techniques. Previous participation in a diving class or team is recommended. Participants must be at least 6 years old by the start of the program.

## SHARK START PROGRAM

This program is designed to guide youth ages 10-12 into the Jr. Lifeguard program. This program will teach water safety and is an introduction to the duties and responsibilities of a lifeguard. This



course will NOT certify participants to be a lifeguard. It will build a foundation of knowledge, attitudes and skills in preparation for the Jr. Lifeguard and Starguard Lifeguard Certification courses. Successful course completion requires participation in skills practice.

Cost: \$50 (R) / \$75 (NR)

## JUNIOR LIFEGUARD PROGRAM

If lifeguarding is in your future, this is the program is for you!

This program is designed to guide youth into Starguard Lifeguard Training by building a foundation of knowledge, attitude, and skills.

Areas of focus are prevention, fitness, response, leadership, and professionalism. Junior Lifeguard participants will be required to attend weekly 2 hour in-service trainings and volunteer a minimum of 30 hours throughout the summer. The Junior Lifeguard Program does NOT certify the participants as a lifeguard. Participants who are 15 years old by the end of the summer and complete 75 volunteer hours are eligible to receive their StarGuard Lifeguard Certification.



Cost: \$87 (R) / \$130 (NR)



## Sunset Swims

Don't miss your chance for a night swim!

ELDORADO AQUATIC CENTER | 480-312-2484  
Saturdays: June 22 & July 20 | 6-9 p.m.

MCDOWELL MOUNTAIN RANCH AQUATIC CENTER  
480-312-6677

Saturday, May 18 | Fridays: June 14 & July 19 | 6-9 p.m.

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Aquatics" for cost and more information.

Visit [Recreation.ScottsdaleAZ.gov](http://Recreation.ScottsdaleAZ.gov) for all aquatic lesson and class info.

## YOUTH SWIM LESSONS

Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Free swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

Classes are 30 minutes.

### SUMMER SESSION DATES: M-Th for 2 weeks

Session 1: 6/3 - 6/13 | Session 2: 6/17 - 6/27 | Session 3: 7/1 - 7/11 | Session 4: 7/15 - 7/25

**NEW!** Check out the updates to our swim lesson classes and curriculum.



#### SEA BABIES

(6mo-3yrs / 1:8 ratio)

- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills
- Swim benchmarks in swim wear and regular clothes



#### SEA TURTLES

(4-7yrs / 1:4 ratio)

- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes



#### TADPOLES

(2.5-5yrs / 1:4 ratio)

- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted front & back floats, tuck & stand
- Swim benchmarks in swim wear and regular clothes



#### OTTERS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Backstroke concepts



#### GUPPIES

(3-6yrs / 1:4 ratio)

- Basic water safety skills (responding to cueing, boundaries based on swimming abilities, putting on a life jacket and kick 10 ft, and treading water)
- Front and back floats and tuck & stand
- Bobbing
- Jump or rolling in and recovering on back to breathe
- Assisted beginner stroke on the front and back with direction changing and rolling onto back to breathe
- Swim benchmarks in swim wear and regular clothes



#### DOLPHINS

(5yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Water safety skills (emergency scenarios and Reach or Throw and putting on a life jacket and kick 30 ft in water)
- Elementary backstroke concepts
- Sidestroke concepts
- Introduction to butterfly



#### TADPOLES/GUPPIES

(6yrs / 1:4 ratio)

- Basic water safety skills meant for older non swimmers (Putting on a lifejacket & kick 20 ft)
- Assisted and unassisted submersion
- Assisted and unassisted front & back floats
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes

NEW!



#### ORCAS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Breaststroke & Butterfly stroke concepts
- Endurance building



#### SHARKS

(6yrs+ / 1:6 ratio)

- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

**FIND SWIM LESSON AND CLASS INFORMATION ONLINE!**

Search for swim lessons by class name or by location at: [Recreation.ScottsdaleAZ.gov](https://Recreation.ScottsdaleAZ.gov)



## ADAPTIVE RECREATION

8102 E. Jackrabbit Road (ADSC)  
480-312-2234

CONTACT:  
AdaptiveRecreation@ScottsdaleAZ.gov

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Adaptive Recreation"

The City of Scottsdale Adaptive Recreation's goal is to provide fun, safe and meaningful social and recreational opportunities for participants with neuro and physical diversities. Using art, dance, music, life skills, recreation and sports, we provide opportunities to grow physically, emotionally, cognitively and socially.

Please contact Adaptive Recreation if you need an accommodation for any program listed within the Scottsdale Leisure Education Guide.

## SOCIAL OPPORTUNITIES

(15+) Explore recreation and leisure interests through a variety of activities while engaging with peers.

### COOKING CLASS: BRUSCHETTA APPETIZER

T	6/4	6-7:30 pm	ADSC	\$5(R)/\$7(NR)	43554
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### JUNE GAME NIGHT

T	6/11	6-7:30 pm	ADSC	FREE	43558
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### JULY GAME NIGHT

T	7/9	6-7:30 pm	ADSC	FREE	43559
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### CHARCUTERIE CLASS

T	7/16	6-7:30 pm	ADSC	\$5(R)/\$7(NR)	43555
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### ADAPTIVE RECREATION AT MAVRIX

T	7/23	6-7:30 pm	Mavrix	\$10(R)/\$15(NR)	43563
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### ADAPTIVE RECREATION OLYMPIC GAMES

T	7/30	6-7:30 pm	ADSC	FREE	43562
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### AUGUST GAME NIGHT

T	8/13	6-7:30 pm	ADSC	FREE	43560
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### TIE DYE NIGHT

T	8/20	6-7:30 pm	ADSC	\$5(R)/\$7(NR)	43561
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### INTRO TO LINE DANCING

W	6/26	6-7:30 pm	ADSC	FREE	43557
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## Special Olympics Arizona



## SPECIAL OLYMPICS (SOAZ)

The Scottsdale Bobcats is the Special Olympics Team representing Scottsdale Adaptive Recreation. Enjoy fun and camaraderie, and learn valuable skills when you join a team!

For more information regarding our 2024 fall Special Olympics Arizona Sports, contact Adaptive Recreation at 480-312-2234.



## DANCES



(16+) Bust a move to your favorite hits! Our monthly dances feature a live DJ and light refreshments. Advanced, online registration required.

### JUNE DANCE: 80'S NIGHT

Sa	6/1	6-8 pm	ADSC	\$5(R)/\$7(NR)	43552
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### JULY DANCE: SUMMER BASH

Sa	7/13	6-8 pm	ADSC	\$5(R)/\$7(NR)	43553
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### AUGUST DANCE: OLYMPIC FANFARE

Sa	8/3	6-8 pm	ADSC	\$5(R)/\$7(NR)	43556
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## OFFERING:

- ▶ BASKETBALL
- ▶ FLAG FOOTBALL
- ▶ KICKBALL
- ▶ COED SOFTBALL
- ▶ MEN'S SOFTBALL
- ▶ INDOOR VOLLEYBALL
- ▶ SAND VOLLEYBALL

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Adult Sports" to learn more!

## Fall Indoor Sports

Registration Opens:  
7/1 (R) | 7/2 (N) at 8am

Early Registration Ends: 7/14

Last Day to Register: 7/21

## Fall Outdoor Sports

Registration Opens:  
7/22 (R) | 7/23(N) at 8am

Early Registration Ends: 8/10

Last Day to Register: 8/18



## ADULT SPORTS

5401 N. Hayden Road | 480-312-0227 | [AdultSports@ScottsdaleAZ.gov](mailto:AdultSports@ScottsdaleAZ.gov)

## PICKLEBALL

Did you know Scottsdale has 21 Pickleball courts?

- 10 courts at Horizon Park
- 8 courts at Cholla Park
- 3 courts at Thompson Peak Park

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Pickleball" for more information about courts and lessons.



## SCOTTSDALE PARKS AND RECREATION HAS BEEN ACCREDITED FOR OVER 25 YEARS!



For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization's commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency's overall quality of operation, management, and service to the community.

**Learn more at: [ScottsdaleAZ.gov/Parks](http://ScottsdaleAZ.gov/Parks)**

## TENNIS CENTER LOCATIONS

### INDIAN SCHOOL PARK (ISPK)

4829 N. Hayden Road  
480-312-2740  
ISPLeagues@ScottsdaleAZ.gov

### SCOTTSDALE RANCH PARK (SRPK)

10400 E. Via Linda  
480-312-7774  
SRPLeagues@ScottsdaleAZ.gov

### SUMMER HOURS OF OPERATION

#### May 27 - Sept. 2

Mon. - Fri. .... 6:30 - 10:30 am & 5:30 - 9 pm

Sat. .... 6:30 - 10:30 am

\*Subject to change. For most updated information go to ScottsdaleAZ.gov, search "Tennis."

## ADULT LESSONS & LEAGUES

### ADULT & SENIOR TENNIS LESSONS

(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USA's National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (1.0-1.9) do not require a rating.

### TENNIS LESSONS

Session 1:	6/3 - 6/29
Session 2:	7/8 - 8/3
Session 3:	8/5 - 8/31

### ADULT TENNIS LEAGUES

League levels offered begin at the 2.5 level and up to the 4.5 level. Men's and women's singles, men's and women's doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USA's National Tennis Rating Program (NTRP).

### LEAGUE REGISTRATION INFORMATION

#### Summer tennis leagues begin the week of 6/3

Early registration period	4/22 - 5/12
Late registration period	5/13 - 5/26

### RATINGS

All participants must have an NTRP rating to register. Need a rating? Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call **SRPK** or **ISPK** for an appointment. For the tennis rating schedule, go to **ScottsdaleAZ.gov** and search "Tennis."

### DROP-IN PROGRAM

No partner or registration required.

#### SCOTTSDALE RANCH PARK TENNIS CENTER

Doubles	M-F	7:30am
\$4 per person per visit (includes a can of balls per court)		

#### INDIAN SCHOOL PARK TENNIS CENTER

Doubles	Tu Th	7am
\$3 per person per visit		



## JUNIOR TENNIS

### JUNIOR TENNIS LESSONS - REGISTRATION NOW OPEN!

(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age.

### JUNIOR MATCH PLAY

(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required.

## JUNIOR LESSONS

### TENNIS LESSONS

2-Week Micro-Sessions	6/3 - 6/15
2-Week Micro-Sessions	6/17 - 6/29
2-Week Micro-Sessions	7/8 - 7/20

## ONLINE REGISTRATION

Complete tennis programs, activity numbers, instructors, locations and more are listed online at **Recreation.ScottsdaleAZ.gov**. Search for what activity you are looking for, then filter your search based on whatever specifics you like such as favorite instructor, location, day or time and more. Program instructor or day/time is subject to change.



For a full list of tennis lessons, go to **Recreation.ScottsdaleAZ.gov** and search "Tennis."

## SENIOR CENTER FITNESS FACILITIES

A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

### GRANITE REEF SENIOR CENTER (GRSC)

1700 N. Granite Reef Road | 480-312-1700

Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

### VIA LINDA SENIOR CENTER (VLSC)

10440 E. Via Linda | 480-312-5810

Hours: M-Th 8am - 8pm | Fri 8am - 5pm

Daily	\$3(R)	\$5(N)
1 Month	\$15(R)	\$25(N)
3 Month	\$40(R)	\$60(N)
Annual	\$130(R)	\$195(N)

## AQUATIC CENTER FITNESS FACILITIES

Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time.

*Ages 14-17 must have a waiver signed by a parent or guardian.*

### CACTUS AQUATIC & FITNESS CENTER

7202 E. Cactus Road | 480-312-7665

### ELDORADO AQUATIC & FITNESS CENTER

2301 N. Miller Road | 480-312-2484

### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER

15525 N. Thompson Peak Parkway | 480-312-6677

<b>Fitness Center Fees:</b>	
Adult \$4(R) / \$6(N)	Youth \$3(R) / \$4(N)
<b>Adult Swipe Cards:</b>	
10 visits \$40(R) / \$60(N)	30 visits \$96(R) / \$144(N)
<b>Youth Swipe Cards:</b>	
10 visits \$30(R) / \$40(N)	30 visits \$72(R) / \$96(N)



Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Aquatics" for hours of operation. See pg. 21 for more information!



# CLUB SAR

## BOXING AND FITNESS CENTER

8055 E. CAMELBACK RD. | 480-312-2669

Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

**For more information, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Club SAR."**

## HOURS

**MONDAY – THURSDAY: 6 a.m. – 9 p.m.**

**FRIDAY: 6 a.m. – 8 p.m.**

**SATURDAY: 10 a.m. – 3 p.m.**

**SUNDAY: closed**

## CLUB SAR FEES AND MEMBERSHIP OPTIONS

All classes are included with membership or daily fee.

	ADULT (R)	YOUTH (R)	ADULT (N)	YOUTH (N)
	(18+)	(14-17)	(18+)	(14-17)
1 Year	\$99	\$50	\$150	\$75
3 Month	\$50	\$25	\$75	\$38
1 Month	\$20	\$10	\$30	\$15
Daily Drop-In	\$4	\$4	\$6	\$6

## CLUB SAR CLASSES

Subject to change, instructors may vary

Barre Workout	M & W	5:30-6:30pm
Kick boxing	Tu & Th	5:30-6:30pm
Spin	M & W	5-5:30pm
Rowing / Boot Camp	Tu & Th	5-5:30pm
Yoga	W	6:15-7:15am
Yoga	M & Th	6:45-7:45pm
Yoga	Sat	10:30-11:30am

Personal Training Available On Request (additional fees)



# SCOTTSDALE

# reads



SUMMER 2024 - JUN | JUL | AUG

## SCOTTSDALE LIBRARIES

JUN | JUL | AUG 2024

## Calendar of Events

LEARN MORE ABOUT LIBRARY PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

### Connect



ScottsdalePublicLibrary



@ScottsdalePublicLibrary



ScottsdalePublicLibrary



ScottsdaleLibrary

### HOLIDAY CLOSURES

Wednesday, June 19.....Juneteenth

Thursday, July 4.....Independence Day

### CONTACT US

480-312-7323 (READ)

480-312-2133 (Español)

### LIBRARY HELP LINE HOURS

Monday - Saturday .....10 am - 5 pm

Sunday .....closed

### Checkout Limits

We are a fine-free library!

NEW ITEMS	CHECK OUT
DVDs	1 week
Books	2 weeks
CDs	3 weeks

MOST WANTED	CHECK OUT
DVDs	3 days
Books & TV Series	14 days

EVERYTHING ELSE
3 weeks

Most items are eligible to be auto-renewed. Details about your account can be found by logging into "MYACCOUNT" at [ScottsdaleLibrary.org](http://ScottsdaleLibrary.org). You can also renew items in person at the library or by calling 480-312-7323.

### LOCATIONS & HOURS

[ScottsdaleLibrary.org/locations](http://ScottsdaleLibrary.org/locations)  
480-312-READ (7323)  
480-312-2133 (Español)

- APPALOOSA - 7377 E. Silverstone Drive
- ARABIAN - 10215 E. McDowell Mtn. Ranch Rd.
- CIVIC CENTER - 3839 N. Drinkwater Blvd.
- MUSTANG - 10101 N. 90th Street

### BRANCH HOURS FOR ALL LOCATIONS

Monday - Thursday.....10am - 7pm  
Friday & Saturday.....10am - 5pm  
Sunday.....1 - 5pm

### DRIVE-THRU AND CURBSIDE HOURS

Monday - Thursday.....10am - 6pm  
Friday & Saturday.....10am - 5pm  
Sunday.....1 - 5pm

### PONY EXPRESS @ APPALOOSA HOURS

Monday - Saturday.....8 - 10am  
Sunday.....8am - 1pm

### PONY EXPRESS @ GRANITE REEF SENIOR CENTER

24/7 Hold Pickup

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event     = Registration Required    \*all programs subject to change

# ADVENTURE — BEGINS AT — YOUR LIBRARY™



## SUMMER READING CHALLENGE JUNE 1–AUG. 1

*Adventure Begins At Your Library* in this year's Summer Reading Challenge! Challenge yourself to read at least 1000 minutes this summer and get prizes\* along the way, including a free book when done. Special thanks to the Friends of Scottsdale Public Library for their support. \*while supplies last

**Sign up at [ScottsdaleLibrary.org/summer-reading](https://scottsdalelibrary.org/summer-reading) today!**

**STORYTIME BREAK** – Regular storytimes will be on break until September 9, 2024. Join us for special storytimes all summer long!

### YOUTH STORYTIMES

#### ☑ WEBOP

(ages 8mo–5 years / 45 min / 8-week series) Phoenix Conservatory of Music proudly presents WeBop, an award-winning early childhood jazz education program for little ones and their parents or caregivers. Registrants are expected to attend all eight weeks.

F	11 am	5/31-7/26	FREE	Civic Center
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#### 📖 BOOKS 2 BOOGIE

(ages 0-5 / 30 min / space is limited) Share the joy of playful learning together! Children and their caregivers participate in music, movement and song in this program that promotes bonding and highlights the natural rhythms in language.



M	10:30 am	6/3-7/29	FREE	Civic Center
Tu	10:30 am	6/4-7/30	FREE	Mustang
W	10:30 am	6/5-7/31	FREE	Appaloosa
Sa	10:15 am	6/15 & 7/20	FREE	Arabian

#### 📖 FAMILY STORYTIME

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities.

M	6:15 pm	6/3-7/29	FREE	Arabian
Sa	10:30 am	6/8 & 7/13	FREE	Civic Center
Sa	10:30 am	6/22 & 7/27	FREE	Mustang

#### 📖 PAGES WITH POLICE

(ages 0-5 / 30 min / space is limited) Join us at the Arabian Library for a very special storytime with the Scottsdale Police Department! Get ready for rhymes, songs, and books appropriate for ages 0-5 years old.

Th	10:30 am	6/13 & 7/11	FREE	Arabian
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#### 📖 SCOTTSDALE FOR ALL STORYTIME

(ages 0-5 / 30 min / space is limited) Listen to stories and participate in fingerplays, music and rhyming activities designed to promote diversity, equity and inclusion.

Sa	10:30 am	6/22	Juneteenth Storytime	FREE	Civic Center
Sa	10:30 am	7/27	Rainbow Storytime	FREE	Civic Center

#### 📖 NIGHT, NIGHT STORYTIME

(ages 0-5 / 30 min / space is limited) Grab your stuffed animal and wear your favorite pjs for a night of bedtime stretches, positive affirmations, stories, and rhymes!

Th	6 pm	6/27	FREE	Mustang
Tu	6 pm	7/16	FREE	Mustang

#### 📖 SENSORY STORYTIME

(ages 2-5 / 30 min / space is limited) This adaptive storytime is designed to help children with sensory integration and neurodiverse challenges join in library programs. Music, movement, repetition, and books are utilized to increase children's engagement. Sensory Storytime will feature dim lighting, quieter music and alternative ways of participation.

F	10:15 am	6/28 & 7/26	FREE	Arabian
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REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://scottsdalelibrary.org) OR CALL 480-312-READ (7323)

📖 = Space is limited / Pick up Ticket 30 mins before event    ☑ = Registration Required    \*all programs subject to change

# Knowing & Growing!

## STAY AND PLAY

(ages 0-5 / 90 min / 6-week series / space is limited) This six-week series of play-based learning is for children up to 5 years old and their parents/ caregivers. Your child will have opportunities to explore, create, and investigate this intentional play-based environment. Each session will also feature local resource professionals who address a variety of early childhood topics.

Tu	10:15 am	6/18-7/23	FREE	Arabian
W	10:30 am	6/26-7/31	FREE	Civic Center

## STEP UP TO LEARNING

(ages 3-5 / 45 min / 6-week series) This series is designed to focus on children's approaches to learning, both socially and academically. Each session uses books, songs and parent/child interactions to help develop one of the most important domains in child development – how to learn. *Registrants are expected to attend all six weeks.*

W	10 am	7/17-8/21	FREE	Scottsdale Family Resource Center
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**Interactive Story Time in your pocket - kids won't know they are learning key reading skills because they will be having too much fun with these animated picture books. Interact with happy, dancing characters as stories are read aloud through these streaming e-books. Get unlimited access on any wi-fi capable device.**

Visit [ScottsdaleLibrary.org/downloadables](https://www.scottsdalelibrary.org/downloadables) for more details.

## YOUTH PROGRAMS

### KIDS CAFÉ

(ages 0-18) Visit the Civic Center Library Youth Room for a free lunch\* for children and teens. This service is offered by the Scottsdale Unified School District. \*While supplies last.

M-Sa	12-1 pm	6/1-8/3	Civic Center
Su	1-2 pm	6/3-8/4	Civic Center

### READING BUDDIES

(Grades 1-3 / 90 minutes) Prepare your child for success with extra reading practice this summer! Teen volunteers will use one-on-one reading, games and crafts to boost your child's confidence and literacy skills. Free lunch will be provided by Scottsdale Unified School District immediately following program. Space is limited, so register early. Registrants are expected to attend for the whole 6-week series on both days; this program is meant for students who are entering 1st-3rd grades in the fall. We will not meet the week of July 4th.

Tu & Th	10:30 am	6/11-7/25	FREE	Civic Center
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### TWEEN SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 8-12 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to unique themes.

Sa	1 pm	6/1	Life at the Beach - Printmaking	FREE	Civic Center
Sa	1 pm	7/6	Life at the Lake - Watercolor	FREE	Civic Center



REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://www.scottsdalelibrary.org) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✓ = Registration Required    \*all programs subject to change



## 🐾 TAIL WAGGIN' TALES: DOG DAYS OF SUMMER

(ages 6-10 / 60 min / space is limited) Certified therapy dogs love listening to kids practice their reading skills at the library. Beginning readers welcome! This program is designed for readers who already have a literacy foundation and are familiar with letter sounds-we will work on building confidence with reading.

Su	3 pm	6/2	FREE	Civic Center
Th	1 pm	6/6 & 7/25	FREE	Arabian

## 🎩 MAGIC & JUGGLING SHOW

(ages 5-12 / 60 min / space is limited) Craig Davis presents an amazing, entertaining and interactive show. Fun for the whole family!

Tu	1:30 pm	6/4	FREE	Appaloosa
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## 🎵 MUSIC FUNDAMENTALS

(Grades K-2 / 45 min / 7-week series) Take part of this discovery series where students will learn about instruments in each of the instrument families, make take home instruments, play fun music games, learn songs with each instrument family and learn about the key elements of music: rhythm, pitch, timbre, tempo and more. *No class on 7/2.*

Tu	1 pm	6/4-7/16	FREE	Civic Center
Tu	2 pm	6/4-7/16	FREE	Civic Center

## 🎸 GUITAR

(Grades 3-6 / 45 min / 7-week series) Come and learn how to play the guitar! Learn everything from posture, instrument parts and maintenance, solo playing, chording, strumming, picking, and fingerpicking! Students will have the opportunity to listen to different styles of guitar music, play games, and play the guitar. *No class on 7/2.*

Tu	3:15 pm	6/4-7/16	FREE	Civic Center
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## 📖 PICTURE BOOK ART

(ages 6-11 / 60 min / space is limited) Learn the artistic styles and mediums used in some of the best picture books, and then create your own masterpiece using that technique and medium.

W	4 pm	6/12, 6/26, 7/10 & 7/24	FREE	Civic Center
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## 📖 STORY & CRAFTING ADVENTURES

(ages 3-8 / 30 min / space is limited) Enjoy a story adventure and make a simple craft to take home. Caregivers must accompany children.

Th	1 pm	6/13	<i>Nature &amp; Camping</i>	FREE	Arabian
Th	10:15 & 11 am	6/20	<i>On Safari with Wild Animals</i>	FREE	Arabian
Th	10:15 & 11 am	6/27	<i>At the Castle with Knights &amp; Princesses</i>	FREE	Arabian
Th	1 pm	7/11	<i>On an Island's Sandy Beach</i>	FREE	Arabian
Th	10:15 & 11 am	7/18	<i>In Space with Aliens</i>	FREE	Arabian
Th	10:15 & 11 am	7/25	<i>Under the Sea with Sharks</i>	FREE	Arabian



**Check out our Youth activities offered through Scottsdale Parks and Recreation!**  
See pgs. 9-10 for more information!

## 🗺️ TALEWISE

(ages 5-11 / 45 min / space is limited) Let's go on a treasure-hunting adventure deep within the jungle! Explore the elements of science as the audience acts out an interactive story exploring several exciting science concepts: air pressure, energy transfer, physical vs. chemical changes and more.

Th	2 pm	6/13	FREE	Mustang
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## 🌿 JUNGLE JILL

(all ages / 60 min / space is limited) Jungle Jill will bring LIVE animals to you, up close and interactive, for an unforgettable experience in celebration of the **Summer Reading theme Adventure Begins at Your Library.**

Sa	1 pm	6/15	FREE	Civic Center
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## 🎩 MAGICAL MICHAEL STEELE VARIETY SHOW

(ages 5-11 / 60 min / space is limited) Experience intriguing magic tricks, 60 yo-yo tricks, juggling, and a Name That Tune contest on flute, where the winner gets to help with a special trick. This highly interactive show is fun and entertaining for the whole family!

Sa	10:15 & 11:45 am	7/6	FREE	Arabian
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## 🎨 SCOTTSDALE ARTISTS' SCHOOL PROGRAMS: PAPER SCULPTURE

(ages 8 and up) Gather your inspiration and let the canvas of possibilities unfold. Participate in this creative workshop as instructors from Scottsdale Artists' School present different mediums and techniques. Perfect for the beginner or those wanting to refresh and refine their skills. All materials are provided. This program is open to all ages, including teens and adults.

Th	1 pm	7/18	FREE	Appaloosa
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## 🎨 CRAFT AND PLAY

(ages 2-8 / 2 hrs / space is limited) Drop in and create your own adventure at the library. Each week you will explore a selection of crafts, games, puzzles and sensory activities together. Caregivers must accompany children.

W	10:30 am	6/5-7/31	FREE	Mustang
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## 🤗 PAPA HUGS

(all ages / 45 minutes / space is limited) Jump, clap and groove along with Grammy Award Nominee Papa Hugs during this upbeat and interactive performance.

W	10:30 am	8/7	FREE	Appaloosa
Sa	10:30 am	8/10	FREE	Civic Center
Th	10:30 am	8/15	FREE	Mustang
Tu	10:30 am	8/20	FREE	Arabian



## Full STEAM Ahead

Science, Technology, Engineering, Art, and Math  
Supporting education that helps children develop  
the skills to become creators and inventors.

### LEGO MASTERS

(ages 6-11 / 60 min / space is limited) Are you a LEGO Master? Join us for some build time while you complete our weekly challenge by yourself or with some friends. We'll finish each week with an opportunity to present your build to the group.

W	4 pm	6/5, 7/3, 7/17 & 7/31	FREE	Civic Center
W	2 pm	6/12, 6/26, 7/10 & 7/24	FREE	Arabian
M	4 pm	6/17	FREE	Appaloosa
Th	4 pm	6/20 & 7/18	FREE	Mustang

### CRITTER FUN WITH PHOENIX HERPETOLOGICAL SOCIETY

(ages 5 and up / 45 min) Get up close and personal with a variety of amazing Arizona reptiles! A trained volunteer will talk about reptile behavior, habitat, preservation and safety.

Tu	2 pm	7/9	<i>Around the World</i>	FREE	Appaloosa
Th	2 pm	7/11	<i>Around the World</i>	FREE	Mustang
W	2 & 3 pm	7/17	<i>Venom vs. Poison</i>	FREE	Arabian
Sa	10:30 am	8/3	<i>Endangered Species</i>	FREE	Civic Center



### SCIENCE AND SPELLS

(ages 6-12 / 60 min / space is limited) Calling all witches and wizards! Cast a spell with us as we unravel the mysteries of magic with activities celebrating the world of Harry Potter. Explore the secrets of the wizarding world as we unlock the science of potions.

W	4 pm	7/31	FREE	Mustang
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## FAMILY PROGRAMS

### FIRST FRIDAY FAMILY FILMS

(all ages) Enjoy family friendly movies during the warm summer days. Visit our online calendar for titles and details.

F	1 pm	6/7, 7/5, 8/2	FREE	Mustang
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### FAMILY DRIVE-IN MOVIE

(all ages) Drop in, or should we say drive-in, and enjoy a family-friendly film! We will build cars using cardboard boxes 30 minutes prior to the start of the film. Supplies limited.

Th	1:30 pm	6/13	FREE	Appaloosa
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### STAY 'N GAME

(all ages / 3 hours) Drop in to escape the heat and have fun playing board games with friends new and old. Board and card games from the Scottsdale Game Collection will be available for check-out when play is finished.

M	1 pm	7/1, 7/8, 7/15, 7/22 & 7/29	FREE	Appaloosa
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### KRITI & BOLLYWOOD DANCERS

(all ages / 60 minutes / space is limited) This interactive performance from Kriti Dance Studio will showcase Bollywood dances and culture from India in celebration of the Summer Reading theme Adventure Begins at Your Library.

Sa	10:30 am	7/20	FREE	Civic Center
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### LIBRARY OLYMPICS

(all ages / 60 min) In honor of the Summer Olympics come and compete in a library themed Olympic event.

F	1 pm	7/26	FREE	Mustang
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## ADVENTURE — BEGINS AT — YOUR LIBRARY™



the FRIENDS  
OF THE SCOTTSDALE PUBLIC LIBRARY

## SUMMER READING CHALLENGE JUNE 1–AUG. 1

Can you complete the challenge this summer? Adventure Begins at Your Library during this year's annual Summer Reading Challenge – reach 1000 points by the end of the summer and get cool prizes\*, including raffle prize drawings and a free book at the end! Special thanks to the Friends of the Scottsdale Public Library for their support. \*while supplies last

Sign up at [ScottsdaleLibrary.org/summer-reading](https://ScottsdaleLibrary.org/summer-reading) today!

### TWEEN & TEEN PROGRAMS

#### ALL AGES SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

(ages 12 and up / 75 min) Local artists from Scottsdale Artists' School will lead you in exploring different mediums related to fun themes.

*This program is also open to adults.*

Sa	2:30 pm	6/1	Life at the Beach: Printmaking	FREE	Civic Center
Sa	2:30 pm	7/6	Life at the Lake: Watercolor	FREE	Civic Center

#### KNOWASIS GUITAR

(Grades 7-8 / 45 min / 7-week series). Come and learn how to play the guitar! Learn everything from posture, instrument parts and maintenance, solo playing, chording, strumming, picking and fingerpicking. Students will have the opportunity to listen to different styles of guitar music, play games and play the guitar. *No class on 7/2.*

Tu	4:30 pm	6/4-7/16		FREE	Civic Center
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#### GIRLS IN STEM

(ages 10-14 / 90 min) Explore science, technology, engineering, and math (STEM) concepts hands-on. STEM areas of focus will differ each week.

W	2 pm	6/5, 6/12 & 6/26		FREE	Mustang
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#### KNOWASIS HALLMARK MOVIES

(ages 12-18 / 60 min / space is limited) Grab a friend and come delight in the corniness of Hallmark movies from the Hoopla Hallmark BingePass. Teens are encouraged to bond over popcorn, Hallmark cheesiness and free movies!

Th	5 pm	6/6, 6/27 & 7/11		FREE	Civic Center
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#### KNOWASIS FUN FOOD FRIDAYS

(ages 12-18 / 60 min / space is limited) Calling all teens! Help us make some creative and tasty snacks that you can immediately enjoy. Materials will be provided.

F	3 pm	6/7-7/26		FREE	Civic Center
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#### SCOTTSDALE ARTISTS' SCHOOL PROGRAM: ANIME DRAWING

(ages 10-18 / 75 min / space is limited) Local artists from Scottsdale Artist School will lead you in exploring different mediums related to fun themes.

Tu	2 pm	6/11		FREE	Arabian
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#### AS YOU WISH CANVAS PAINTING

(ages 12-18 / 60 min) Create a step-by-step adventure themed painting!

Tu	2 pm	6/11		FREE	Appaloosa
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Check out our art classes offered through Scottsdale Parks and Recreation!

See pgs. 12-13 for more information!

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

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## KNOWASIS WRITING CLUB

(ages 12-18 / 60 minutes / space is limited) Whether you're working on college essays or creative projects, this writing club is for you! Bring your works in progress, your assignments, or just your imagination to this space of support and feedback.

Th	5 pm	6/13 & 7/18	FREE	Civic Center
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## SUMMER TEEN BOOK CLUB

(ages 13-18 / 60 min) Join us on the third Monday of each month for lively conversation on book titles selected by teens within a variety of genres.

M	5 pm	6/17 & 7/15	FREE	Mustang
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## KNOWASIS BOARD GAME CLUB

(ages 12-18 / 60 min / space is limited) Want to play board games with other teens? Learn new fun games and revive old favorites!

Th	5 pm	6/20 & 7/25	FREE	Civic Center
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## SEWING MACHINE BASICS

(ages 12-18 / 150 min / 3-day series) Teens! Learn the parts of a sewing machine, basic terminology, how to install a needle, thread the machine, make a bobbin and sew seams. After the basics, everyone gets to sew their own simple project. Registrants are expected to attend all three sessions.

M-W	1 pm	6/24-6/26	FREE	Civic Center
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## K-POP DANCE WORKSHOP

(ages 11-17 / 60 min / space is limited) Attention K-poppers, bring your dance moves as you learn the latest K-pop grooves. Class includes a warmup, energizing choreography and plenty of dance music. All skill levels welcome.

F	2 pm	7/12	FREE	Mustang
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## HENNA BODY ART WORKSHOP

(ages 12-18 / 120 min) Enjoy this live presentation on the history of henna body art, how to mix and apply henna and the different styles of henna designs. All supplies provided. Space is limited to a maximum of 18 participants.

Sa	2 pm	7/13	FREE	Arabian
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## KRITI & BOLLYWOOD DANCERS

(all ages / 60 minutes / space is limited) This interactive performance from Kriti Dance Studio will showcase Bollywood dances and culture from India in celebration of the Summer Reading theme *Adventure Begins at Your Library*.

Sa	10:30 am	7/20	FREE	Civic Center
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## CROCHET BASICS

(ages 12-18 / 150 min / 3-day series) Teens! Learn the basics of crocheting and make your very own crocheted AirPod case! Registrants are expected to attend all three sessions.

M-W	1 pm	7/29-7/31	FREE	Civic Center
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Comics Plus by Library Pass allows for unlimited binge borrows for manga, comics, and graphic novels. Read a favorite series, binge a new discovery, and explore the amazing world of Manga!

Get started today at [ScottsdaleLibrary.org/teen/books](https://scottsdalelibrary.org/teen/books)

# GAME ON!

Drop in to visit **Knowasis** at Civic Center Library

for gaming with our PS5, Xbox, Nintendo Switch, and board games!

Open ANYTIME to teens ages 12-18!

## ADVENTURE — BEGINS AT — YOUR LIBRARY.



## SUMMER READING CHALLENGE JUNE 1–AUG. 1

*Adventure Begins at Your Library* challenges you to read up to 1,000 points this summer! Register today and be eligible for fun prizes\* including a free book at the end. Sign up today at [ScottsdaleLibrary.org/summer-reading](http://ScottsdaleLibrary.org/summer-reading)! Special thanks to the Friends of the Scottsdale Public Library for their support. \*while supplies last

Sign up at [ScottsdaleLibrary.org/summer-reading](http://ScottsdaleLibrary.org/summer-reading) today!

### STAY 'N GAME

(all ages / 3 hours) Drop in to escape the heat and have fun playing board games with friends new and old. Board and card games from the Scottsdale Game Collection are available for check-out when play is finished.

M	1 pm	7/1, 7/8, 7/15, 7/22 & 7/29	FREE	Appaloosa
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### MINDFUL STRETCHING TO MANAGE STRESS

Engage in stretches you can do throughout the day at your desk, at home or even in your parked car to manage stress. Learn to identify your personal triggers, the areas of your body that you hold tension and the best mindful stretches for you to release the tension, manage your stress and feel better!

F	10:30 am	6/14	FREE	Arabian
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### AROUNA DIARRA MUSIC

Arouna and his wife perform traditional folk songs reflecting on topics from war to building love in their native language, Bambara. With intricate rhythms and improvisation, they sing with joy and spirit.

Sa	3 pm	6/29	FREE	Civic Center
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### LIFE IS AN ADVENTURE!

Growing up with a sibling. Falling in love. Marrying. Having children. Losing someone. Growing old together. It's all part of the adventure that is life. Duo Ocotillo takes you on a journey through this adventure via original instrumentals on cello paired with mandolin or classical guitar that tell universal stories.

Th	1 pm	6/27	FREE	Appaloosa
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### THE BEST OF SOSCO:

#### AN ADVENTURE OF MUSICAL STYLES

With their extensive performances over the past 10 years, "The Best of SoSco" captures the artistic essence of this diverse duo. On this journey, we will explore the best of classical, jazz, Golden Age American standards, Broadway, movie music, Celtic and Spanish - all through the lens of the masterful interpretations by SoSco.

Sa	2 pm	6/8	FREE	Mustang
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### MCDOWELL SONORAN CONSERVANCY PROGRAMS

Talks feature a variety of topics presented by the gifted and knowledgeable instructors from the McDowell Sonoran Conservancy. For topics and details, please visit the online calendar.

Tu	5 pm	6/11, 6/25, 7/23 & 8/27	FREE	Mustang
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### CELEBRATING LGBTQ+ HISTORY IN ARIZONA WITH MARSHALL SHORE

Marshall Shore, Arizona's "Hip Historian" will be giving a dynamic presentation on LGBTQ+ history in Arizona in celebration of PRIDE Month! Using artifacts such as found footage and other archival material, Shore weaves together a telling of Arizona history that highlights the perspectives of the Queer members who helped create it.

Sa	12 pm	6/1	FREE	Civic Center
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REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](http://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ [7323]

📍 = Space is limited / Pick up Ticket 30 mins before event    📝 = Registration Required    \*all programs subject to change

## ARTS & CRAFTS

Every trip to the library can be an adventure because you never know what you might find! Visit your favorite branch for fun interactive activities, art inspiration boards and make and take crafts all summer long.

### SCOTTSDALE ARTISTS' SCHOOL PROGRAMS: PAPER SCULPTURE

Gather your inspiration and let the canvas of possibilities unfold. Participate in this creative workshop as instructors from Scottsdale Artists' School present different mediums and techniques. Perfect for the beginner or those wanting to refresh and refine their skills. All materials are provided. This program is open to all ages, including children and teens.

Th	1 pm	7/18	FREE	Appaloosa
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### ALL AGES SCOTTSDALE ARTISTS' SCHOOL PROGRAMS

Local artists from Scottsdale Artists' School will lead you in exploring different mediums related to fun themes. This program is open to teens ages 12 and up and adults.

Sa	2:30 pm	6/1	<i>Life at the Beach: Printmaking</i>	FREE Civic Center
Sa	2:30 pm	7/6	<i>Life at the Lake: Watercolor</i>	FREE Civic Center

## LIBRARY + PUBLIC ART EXHIBITION

### STICK TOGETHER

A collage is an art form that utilizes sticking, gluing, pasting, weaving, or otherwise bringing together images, materials, and ideas to create a multi-layered artwork. Curated by Airi and Riho Katsuta, the creative force behind the collage collective Cut+Paste Phoenix, dedicated to fostering a sense of community through creative, tactile, and meaningful experiences for individuals of all ages and skill levels.

July 12 – September 23	Civic Center Public Gallery
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### STICK TOGETHER OPENING RECEPTION

Join us for the opening reception of the Stick Together exhibit.

Th	4 pm	8/15	FREE	Civic Center
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## FILM



Visit our online calendar for details on film titles or call 480-312-READ (7323).

### CELEBRITY BIRTHDAY FILM SERIES

Each month we will celebrate a famous actor/actress' birthday by re-visiting some of their most iconic roles.

Tu	1:30 pm	6/4-6/25	<i>Meryl Streep</i>	FREE	Mustang
Tu	1:30 pm	7/2-7/30	<i>Tom Hanks</i>	FREE	Mustang
Tu	1:30 pm	8/6-8/27	<i>Robert Redford</i>	FREE	Mustang

## MONEY MATTERS

### HOW TO AVOID THE TOP FIVE MEDICARE MISTAKES

This educational seminar will bring clarity to the fundamentals of Medicare and enable you to make informed decisions associated with when to enroll in Medicare, how to evaluate coverage, and how to ensure cost efficiencies going forward after you've enrolled.

Tu	1 pm	6/18	FREE	Appaloosa
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## CAREER CLASSES

Learn to navigate the current job market with new skills and effective strategies. Programs provided by City of Scottsdale Career Services.



### THE BACK TO WORKSHOP!

Learn new strategies to prepare for this new job: resumes, online applications, digital interviews and more.

Th	10:30 am	6/13 & 7/11	FREE	Civic Center
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### INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

Th	10:30 am	8/22	FREE	Civic Center
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### SUMMER CAREER FAIR

Mark your calendar and join the Summer Career Fair! Meet local employers hiring for the season and beyond. Employers from various industries will be onsite, ready to hire. Walk-ins are welcome but RSVPs are encouraged. Email [VistaCareerCenter@ScottsdaleAZ.gov](mailto:VistaCareerCenter@ScottsdaleAZ.gov) to RSVP. For a list of employers, go to: [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search Career.

Th	10:30 am-1 pm	6/27	FREE	Civic Center
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Meet with a skilled Career Coach for guidance on your career journey!

See pg. 46 for more information!

## TECH HELP

### ASK THE EXPERTS

Get free advice about your computer, tablet, or smart phone from the Library Computer Learning Group's team of volunteers. Bring your device and any associated passwords for a 15-30 minute consultation. Advice will be offered first come, first served.



W	1:30 pm	6/12	FREE	Mustang
W	1:30 pm	7/10	FREE	Arabian
W	1:30 pm	8/14	FREE	Appaloosa



## DISCUSSION GROUPS

Go on a reading adventure, challenge yourself to read at least 1,000 minutes and meet new people by joining a summer discussion group!



### BRING YOUR OWN BOOK CLUB

Join us for an informal conversation and discuss what you are currently reading, watching, and listening to. Library staff will be available to answer questions about library services.

M	2 pm	6/17, 7/15 & 8/19	FREE	Mustang
Tu	1 pm	6/25, 7/23 & 8/27	FREE	Appaloosa

### STAFF PICKS BOOK DISCUSSION GROUP

Meets Wednesdays at Civic Center Library at 1 pm

- 6/19 – *Tracks: A Woman's Solo Trek Across 1700 Miles of Australian Outback* by Robyn Davidson
- 7/17 – *The Overstory* by Richard Powers
- 8/21 – *Lost City of the Monkey God: a True Story* by Douglas Preston

### ARABIAN NIGHTS BOOK DISCUSSION

Meets Tuesdays at Arabian Library at 5pm

- 6/4 – *Rules of Civility* by Amor Towles
- 7/2 – *Remarkably Bright Creatures* by Shelby Van Pelt
- 8/6 – *The Covenant of Water* by Abraham Verghese

### ✔ SCOTTSDALE BAKES

Scottsdale Bakes is an informal virtual baking club. We will discuss your favorite cookbooks, recipes, and any tips and tricks you may have regarding baking savory or sweet. Register to receive a link to the virtual meeting. Registration closes one week before the discussion.

Meets Fridays online at 10:30am

- 6/21 – *Cakes*
- 7/19 – *Baking for One or Two*
- 8/16 – *Cookies*

### CAUGHT READ-HANDED

Join us for a fascinating discussion on all topics true crime, including white collar, cults, kidnapping and, of course, murder.

Meets Wednesdays at Civic Center Library at 1 pm

- 6/12 – *Catch and Kill* by Ronan Farrow
- 7/10 – *Midnight in the Garden of Good and Evil* by John Berendt
- 8/14 – *Hearts of Darkness* by Jana Monroe



### INTRODUCING MAX – A COUNTYWIDE BOOK SHARING SERVICE

Scottsdale Public Library is now a member of MAX, a countywide book sharing service for participating library systems in Maricopa County. With your Scottsdale Public Library card, you can search the MAX catalog for titles not available through Scottsdale.

For more details, visit [ScottsdaleLibrary.org/services/max](https://ScottsdaleLibrary.org/services/max)



### Summer Reading Challenge is not just for kids!

Join in the fun using our collections of ebooks, audiobooks, music, movies and magazines you can access via our Downloadable digital libraries at [ScottsdaleLibrary.org/downloadables](https://ScottsdaleLibrary.org/downloadables). Check out Libby, Cloud Library, Kanopy and Hoopla - there is something for all interests and hobbies.

*Go on an adventure together and meet your family reading goals this summer!*

REGISTER FOR THESE PROGRAMS AT [SCOTTSDALELIBRARY.ORG](https://SCOTTSDALELIBRARY.ORG) OR CALL 480-312-READ (7323)

👉 = Space is limited / Pick up Ticket 30 mins before event    ✔ = Registration Required    \*all programs subject to change

# SCOTTSDALE

SUMMER 2024 - JUN | JUL | AUG

# seniors



## SCOTTSDALE SENIOR SERVICES

JUN | JUL | AUG 2024

### Calendar of Events

TO LEARN MORE ABOUT SENIOR SERVICES, GO TO [SCOTTSDALEAZ.GOV](http://SCOTTSDALEAZ.GOV) AND SEARCH "SENIORS"

## Come join us!

The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

### HOLIDAY CLOSURES

Independence Day .....Thursday, July 4



Via Linda Senior Center



Granite Reef Senior Center

### LOCATIONS

#### GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Road  
Scottsdale, AZ 85257

480-312-1700

#### VIA LINDA SENIOR CENTER

10440 E. Via Linda  
Scottsdale, AZ 85258

480-312-5810

### HOURS

Mon - Thurs ..... 8 am-8 pm  
Friday ..... 8 am-5 pm  
Saturday ..... 8 am-Noon  
Sunday ..... closed

## General Information

### FACILITY RESERVATIONS

The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Saturday.

### FITNESS CENTERS

The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

#### Fitness Center Closed for Senior Strength Training Classes

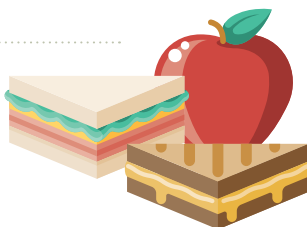
Monday & Wednesday	11 am – noon & 5:45-6:45 pm	VLSC
Tuesday & Thursday	10 – 11 am	VLSC
Tuesday & Thursday	11:30 am – 12:30 pm	GRSC

Daily Drop-in	\$3(R) / \$5(NR)		1 Month	\$15(R) / \$25(NR)
3 Month	\$40(R) / \$60(NR)		Annual	\$130(R) / \$195(NR)



### LUNCH PROGRAM

Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.



M-F	11:30 am	\$4 ages 50+ / \$7 under 50 years old	GRSC
Tu & Th	11:30 am	\$4 ages 50+ / \$6 under 50 years old	VLSC

### SOCIAL WORKERS

The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8am-5pm to provide support, education, and resources – free of charge

## Transportation/Field Trips

### AARP DRIVER SAFETY COURSE

Driver Safety class open to anyone & could get a discount on car insurance. AARP members \$20.00 & Non-Members \$25.00. Payment will be collected by AARP on class date.



1 <sup>st</sup> W	9 am-1 pm	\$20 (AARP)/\$25 (non-member)	GRSC
2 <sup>nd</sup> Th	12:30- 4:30 pm	\$20 (AARP)/\$25 (non-member)	VLSC

## Events

### FATHER'S DAY BBQ

F	Noon	6/14	\$10(R) \$13(NR)	GRSC	42082
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### ICE CREAM SOCIAL

W	1pm	7/3	FREE	GRSC	44499
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### TABLE TENNIS TOURNAMENT

2nd Annual Via Linda Table Tennis Tournament

Tu Beginner	4-6 pm	\$15(R) \$20(N)	VLSC	#43178
Tu Advance	6-8 pm	\$15(R) \$20(N)	VLSC	#44433

McDowell Village  
Scottsdale Senior Services & McDowell Village Senior Living Present  
**39<sup>TH</sup> ANNUAL ARTS & CRAFTS FAIR**  
SATURDAY, NOV. 2 • 9 A.M. - 2 P.M.  
1700 N. GRANITE REEF ROAD • SCOTTSDALE • 85257

**Applications will be available July 29.**

For more information, visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Arts & Crafts."

CITY OF SCOTTSDALE | SCOTTSDALE HUMAN SERVICES | Lovin' Life | OVERTURE ARCADIA

## REGISTRATION QUESTIONS? 480-312-7957

Call us before April 19 so we can guide you through the process, making registration a breeze!

REGISTER FOR CLASSES AT [RECREATION.SCOTTSDALEAZ.GOV](http://RECREATION.SCOTTSDALEAZ.GOV)

TO LEARN ABOUT SENIOR SERVICES, GO TO [SCOTTSDALEAZ.GOV](http://SCOTTSDALEAZ.GOV) AND SEARCH "SENIORS."



## Enrichment Programs

### LINE DANCING

This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

F	Doors open at 11 am	FREE	GRSC
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### YOGA NIDRA GUIDED MEDITATION & SOUND HEALING

Enjoy a relaxing experience with gentle yin yoga postures, yoga nidra guided meditation, mixed with sound healing and aromatherapy. Some props provided including blocks, blankets and bolsters. This class will be mainly on the floor with the use of props to support the body. This practice is accessible to most everyone and could be done in seated chair as well.

W	5-7 PM	8/7	\$15/\$20	VLSC	44498
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### FITNESS CENTER ORIENTATION

Call to register.

4 <sup>th</sup> M	10 am	FREE	GRSC	44500
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### KARAOKE

Join us for a free afternoon of singing. No registration is required.

2 <sup>nd</sup> & 4 <sup>th</sup> Th	2-5 pm	FREE	GRSC
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### OPEN ART STUDIO

During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

#### Adult Art Studio

W	9 am-noon	FREE	GRSC
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#### Open Arts & Crafts

M	9 am-noon	FREE	GRSC
W	12:30-4 pm	FREE	VLSC
Th	1-4 pm	FREE	GRSC

#### Open Knitting/Crocheting/Sewing

M	1-3 pm	FREE	VLSC
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#### Knitting/Crocheting (Flying Needles)

2 <sup>nd</sup> W	4-7:45 pm	FREE	VLSC
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### TIE DYE MANIA EVENT

Come get groovy with us by tie dyeing your own t-shirt or other clothing items. Staff and seniors will have a groovy event/photo-op. Free event with refreshments and photos. Must wear your tie dye gear.

F	10:30 am - Noon	6/28	FREE	VLSC
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#### Tie Dye Workshops:

Th	1 pm	6/13	FREE	VLSC	43566
M	9 am	6/17	FREE	VLSC	43567

### SCOTTSDALE STRUMMERS

Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

F	10 am-noon	FREE	GRSC
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#### Beginners

M	1-2 pm	FREE	GRSC
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### FRIDAY MOVIE MATINEE

Free movie at Granite Reef and Via Linda Senior Center. No registration required. Check with the senior centers for update showings.

F	1-4 pm	FREE	GRSC
F	1-4 pm	FREE	VLSC

## Technology

### TECH TIME WITH MARK

Ask your questions about smart phones, tablets, laptops & other technology. Individualized tutoring. No registration required.

2 <sup>nd</sup> Th	9-11 am	FREE	VLSC
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### TECH TUTORS

Do you find it challenging to use technology? Scottsdale Basis students will help/teach you to use your smart phone, tablet, or computer.

3 <sup>rd</sup> Sa	9-11:30 am	FREE	VLSC
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Check out our art classes offered through Scottsdale Parks and Recreation!

See pgs. 12-13 for more information!

## Fun & Games

### BRIDGE

M	12:45-4 pm	FREE	GRSC
F	12:45-4 pm	FREE	GRSC

### Duplicate Bridge

Tu	12:45-4 pm	FREE	GRSC
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### Duplicate Sanction Bridge (OCT.-MAY)

Sanctioned Duplicate Bridge games are scheduled weekly. If you would like emails concerning the schedule and results contact our director at [bridgebum@hotmail.com](mailto:bridgebum@hotmail.com)

W	12:30 pm	\$10.00	VLSC
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### Fast Play Bridge (Intermediate Players)

Tu	Noon-3:30 pm	FREE	VLSC
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### Prickly Pair Bridge (a partner is required)

W	12:45-4 pm	FREE	GRSC
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### Speedy Bridge (Intermediate Players)

Th	Noon-3:30 pm	FREE	VLSC
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### BINGO FOR PRIZES

F	9:30-11 am	FREE	GRSC
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### DROP-IN PLAY

The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

### Open Card Play

M-F	8 am-5 pm	FREE	GRSC
M,W & F	8 am-5 pm	FREE	VLSC
Tu & Th	1-5 pm	FREE	VLSC

### Canasta Newcomers

Th	11 am-4 pm	FREE	GRSC
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### Canasta

Th	1-4 pm	FREE	GRSC
Th	Noon-4 pm	FREE	GRSC

### Hand, Knee, Foot & Samba

M	9 am-1 pm	FREE	VLSC
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### Rummikub

W	10 am-1 pm	FREE	VLSC
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### Open Chess

Th	11 am-3 pm	FREE	GRSC
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### Mah Jongg

M	10:30-2:30 pm	FREE	GRSC
Th	1-4 pm	FREE	VLSC

### International Mah Jongg

F	Noon-5 pm	FREE	GRSC
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### Mexican Train Dominoes

M	1-4 pm	FREE	VLSC
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### Pinochle

W	12:30-4 pm	FREE	GRSC
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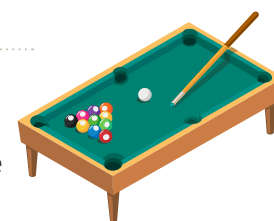
### Double Deck Pinochle

Th	10 am-3 pm	FREE	GRSC
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## Recreation

### BILLIARDS

Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.



### BILLIARDS LESSONS (10 WEEKS)

Tu Beginner	5:30-7:30 pm	\$150/\$200	VLSC	#44338
Th Advanced	5:30-7:30 pm	\$150/\$200	VLSC	#44439

### CHAIR EXERCISE

Drop-in chair exercise class open to participants who want to improve their strength and balance. No registration is required for this free class.

Tu & Th	10-11 am	FREE	GRSC
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### TABLE TENNIS

Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various times throughout the week.

**All levels are welcome.**

Tu	3:30-7:30 pm	\$2 drop-in	VLSC
W	1-4 pm	\$2 drop-in	GRSC
F	1-4:30 pm	\$2 drop-in	VLSC

## Support Groups

A wide variety of support groups are offered at both the Senior Centers. The groups are free of charge, are designed to meet the evolving needs of Scottsdale's aging population. Support groups are facilitated by non-profit organizations, social workers, volunteers and industry professionals.

### ALZHEIMER'S SUPPORT GROUP

1 <sup>st</sup> M	1:30 pm	FREE	GRSC
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### DUET CAREGIVER'S SUPPORT GROUP

1 <sup>st</sup> & 3 <sup>rd</sup> Th	10 am	FREE	VLSC
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### GRIEF AND LOSS SUPPORT GROUP

1 <sup>st</sup> & 3 <sup>rd</sup> Tu	1 pm	FREE	GRSC
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### MENDED HEARTS SUPPORT GROUP

2 <sup>nd</sup> T	6 pm	FREE	VLSC
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### MULTIPLE SCLEROSIS SUPPORT GROUP

2 <sup>nd</sup> T	4:30 pm	FREE	VLSC
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### TREMBLE CLEFS (PARKINSON'S SUPPORT GROUP)

Th	3 pm	FREE	GRSC
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### LOW VISION SUPPORT GROUP

2 <sup>nd</sup> W	10-11:30 am	FREE	VLSC
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### MINDFUL ART

Come enjoy an engaging, creative session for you and your family member. Designed for those experiencing dementia or low vision. We will sing, tell stories, and create art together on seasonal themes. You'll go home with an original piece of artwork, and materials to support you as a caregiver.

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	10 am	FREE	VLSC
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## Social Groups

### BOOK DISCUSSION GROUP

Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles. All books are available in the Scottsdale Public Library.

2 <sup>nd</sup> Th	10-11:30 am	FREE	VLSC
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<b>Date:</b> June 13	<b>Book Title:</b> Demon Copperhead	<b>Author:</b> Barbara Kingsolver
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### CURRENT EVENTS

Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W	10:30 am-noon	FREE	GRSC
W	2-3:30 pm	FREE	VLSC
Th	Noon-2 pm	FREE	GRSC

### FRIENDSHIP DISCUSSION GROUP

Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

Tu	10 am	FREE	GRSC
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### MEN'S DISCUSSION GROUP

Informal peer led discussion group for men.

Tu	2-3:30 pm	FREE	VLSC
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### WHAT'S ON YOUR MIND?

General discussion group that talks about anything and everything except politics.

2 <sup>nd</sup> & 4 <sup>th</sup> Tu	1:30-3 pm	FREE	VLSC
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### REGISTRATION QUESTIONS?

Call us before April 19 so we can guide you through the process, making registration a breeze!

**480-312-7957**



## Community Resources

### BENEFITS ASSISTANCE

The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. *To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.*

### BROWN BAG PROGRAM

The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. *For more information please call Granite Reef Senior Center at 480-312-1700.*

### CAB CONNECTION

This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to \$10). Participants may request up to 20 one-way vouchers per month. *Please call the Cab Connection office at 480-312-8747 for additional information.*

### DUET

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. *Please call 602-274-5022 to register or request assistance.*



### FOOTHILLS CARING CORPS

Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. *Please call 480-488-1105 for additional information.*

### HOME DELIVERED MEALS

The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual's condition and safety. *For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.*

### HOME SAFE HOME

Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. *Please call 480-312-1817 to request your free visit.*

### LOCKBOXES FOR SENIORS

The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff's Office offer free emergency lockboxes to seniors whose annual income is less than \$25,000 and at a charge of \$25 for all others. The service is available to Scottsdale and Fountain Hills residents only. *For additional information or to arrange delivery, please call 877-229-5042 (toll free).*

### MEDILOAN PROGRAM

The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

### OPERATION FIX IT

Operation Fix-It (OFI) works in the community with dedicated volunteers and city staff to assist qualified Scottsdale homeowners. The program helps qualified applicants with code enforcement referrals and issues related to health and safety on the property. ***To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Operation Fix It."***

### VALLEY METRO PARATRANSIT

East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. *Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.*



## LIVE LIFE TO THE FULLEST

Living at our award-winning senior living community gives you the chance to write the next chapter of your life focusing on the things that bring you joy. When you take away the stresses of taking care of a home by yourself, the possibilities of how you can spend your time open up more than you ever imagined. Picture living in a well-appointed apartment home — with the privacy to retreat to your own oasis whenever you please — but with a wealth of services and support, engaging activities and wellness programs, and top-notch amenities right at your fingertips.

**Tour our community today and receive a complimentary lunch in our Four Peaks Restaurant!**



**McDowell Village**  
MBK SENIOR LIVING

Contact us at  
[McDowellVillage@mbk.com](mailto:McDowellVillage@mbk.com)  
or (480) 400-8510

8300 East McDowell Road, Scottsdale, AZ 85257 • [McDowellVillage.com](http://McDowellVillage.com)

INDEPENDENT & ASSISTED LIVING







## CAREER SERVICES

Vista del Camino Community Center

7700 E. Roosevelt St., Scottsdale, AZ 85257 | 480-312-2323

Go to [ScottsdaleAZ.gov](https://ScottsdaleAZ.gov), search "Career Center"

Career Center Hours: Mon – Fri | 8 am – 5 pm | 480-312-0060

CONTACT:

Sheila Williams, 480-312-0058 | [SWilliams@ScottsdaleAZ.gov](mailto:SWilliams@ScottsdaleAZ.gov)

The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities-all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.



## Sign Up With A Career Coach!

Career Coaches are available, virtually or in-person, to assist job seekers with essential employment strategies including:

- Resume development
- Job search strategies
- LinkedIn consultation
- Employment referrals
- Interview preparation

## ADDITIONAL EMPLOYMENT SERVICES:

- Employment Referrals
- Webcam for digital interviews
- Career Closet

## CAREER CLASSES

### THE BACK TO WORKSHOP!

Learn new strategies to prepare for this new job market: resumes, online applications, digital

interviews and more.

TH	10:30 am	6/13	FREE	Civic Center
TH	10:30 am	7/11	FREE	Civic Center

### INTERVIEW TECHNIQUES

Learn the latest interview techniques and how to answer interview questions confidently and effectively.

TU	10:00 am	6/18	FREE	Vista Career Center
TU	10:00 am	7/16	FREE	Vista Career Center
TU	10:00 am	8/20	FREE	Vista Career Center
TH	10:30 am	8/22	FREE	Civic Center

### SUMMER CAREER FAIR

Check out great opportunities with local companies ready to hire.

TH	10:30 am - 1 p.m.	6/27	FREE	Civic Center
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\*See Career Center Webpage for more details



## Download our Career Center Events Calendar!

Get the most up-to-date information and view our upcoming career help programs.

Go to [ScottsdaleAZ.gov](https://ScottsdaleAZ.gov), search "Career Center"

**STAY CONNECTED!**  
Scottsdale Vista Career Center







## BUILDING STRONG COMMUNITIES

Human Services provides a variety of support throughout our Community. In addition to family and caregiver support, we work to assess needs and find programs that can be of assistance. This includes everything from food boxes to rent/mortgage assistance, eviction prevention to utility assistance.

### Scottsdale Family Resource Center

Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

*¡Se habla Español!*

SUPPORTED BY

Stay updated on events and children's literacy programs by downloading our Community Calendar!

Go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), search "Scottsdale Family Resource Center" or call 480-312-0038.

## SOCIAL SERVICES

Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, go to [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Vista del Camino."

### Back-to-School



Ensuring every student has everything they need to succeed in school.

### Food Bank



Food boxes and other services to those who need it.

### Adopt-A-Family



Every family deserves a holiday season full of celebration.

### Utility Assistance



Eligible Scottsdale residents can apply and receive assistance.

### Emergency Rent & Mortgage Assistance



One-time support for families facing unexpected challenges paying their rent or mortgage

### Eviction Prevention



We have the resources for support when needed.



## SERVING AND BRINGING TOGETHER THE COMMUNITY

Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

### PAIUTE NEIGHBORHOOD CENTER

6535 E. Osborn Road, Scottsdale, AZ 85251  
480-312-2529



Monday - Friday ..... 8 a.m. - 5 p.m.

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

#### RESOURCES:

- Family Resource Center
- Community Resources and Workshops
- WIC
- Food Pantry
- Community Assistance Office (housing)
- Head Start, Hirsch Academy and SARRC

### VISTA DEL CAMINO COMMUNITY CENTER

7700 E. Roosevelt St., Scottsdale, AZ 85257  
480-312-2323



Monday through Friday ..... 8 a.m. - 5 p.m.

Vista del Camino is Scottsdale's Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

#### SERVICES LIKE:

- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance



## HOUSING & COMMUNITY DEVELOPMENT

Federally and locally supported programs that improve the quality of life for low to moderate-income families and assist in the stabilization of Scottsdale neighborhoods.

The Community Assistance Office (CAO) administers the city’s affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- **Federal Housing Choice Voucher (HCV) Program**
- **Housing Rehabilitation Programs:**
  - **Green Housing Rehabilitation Program** offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
  - **Roof Repair and Replacement Program** provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
  - **Emergency Repair Program** provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.

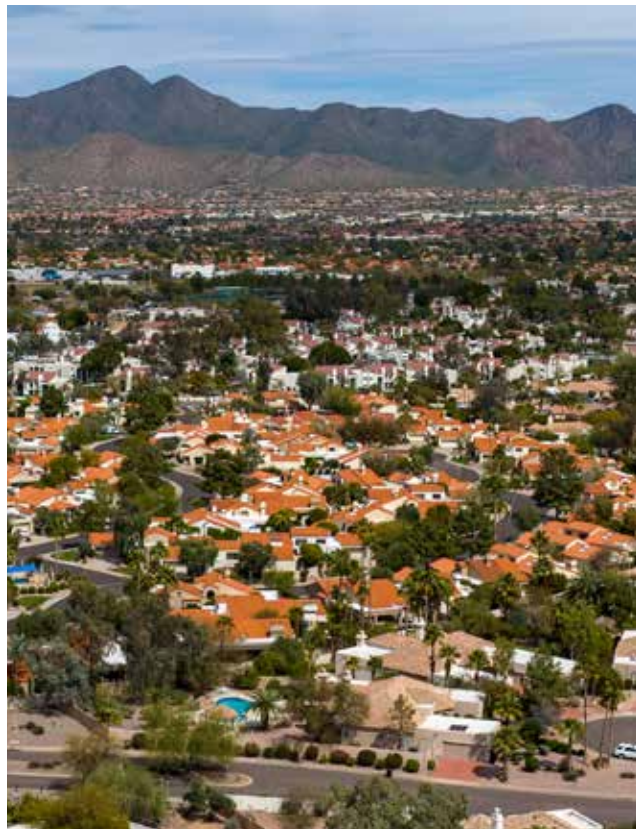
**Community Assistance Office**

6535 E. Osborn Road – Bldg. 8  
Scottsdale, AZ 85251

**Phone: 480-312-7156**

TDD: 480-312-7411 or AZ Relay 7-1-1

**Contact:**  
[ScottsdaleHousingInfo@ScottsdaleAZ.gov](mailto:ScottsdaleHousingInfo@ScottsdaleAZ.gov)  
**Go to ScottsdaleAZ.gov, search “CAO”**



**Foster Youth to Independence**

When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

**For more information about the Foster Youth to Independence program,**  
**email: [FYITPV@azdcs.gov](mailto:FYITPV@azdcs.gov) or [ScottsdaleHousingInfo@ScottsdaleAZ.gov](mailto:ScottsdaleHousingInfo@ScottsdaleAZ.gov)**



# SCOTTSDALE

SUMMER 2024 - JUN | JUL | AUG

# explores

## SUMMER IS A GREAT TIME TO ENJOY THE PRESERVE!

Before your summer hike, be prepared for the heat by bringing ample water, know your physical abilities, take a map with you, bring your cell phone and try to visit our trails **before 10am** when the temperature really heats up!



Scottsdale's McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City's website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and searching "Preserve Maps."

The Preserve is divided into two primary regions – the Southern and Northern.

- The **Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.

**Trailheads: Sunrise, Lost Dog Wash, Gateway, Tom's Thumb**

- The terrain of the **Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

**Trailheads: Our new Pima Dynamite trailhead, Brown's Ranch, Fraesfield and Granite Mountain Trailheads.**

## PINNACLE PEAK PARK



**Pinnacle Peak Park | 26805 N. 102<sup>nd</sup> Way**

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 2 miles, one way. It's a great hike for all ages and activity levels – with fantastic views!

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Pinnacle Peak Park" for more information about the park, trail information, hours and more.

*\*Dogs are not allowed on the Pinnacle Peak Park trail.*

## TRAIL TIPS

- Entrance is free
- Trails are open sunrise to sunset
- Motorized vehicles, including electric bikes, motorized skateboards are prohibited
- Dogs are welcome at the Preserve (not at Pinnacle Peak Park), but must remain on a leash at all times and you must clean up after them
- Please stay on the official signed trails
- Know your limitations and choose a Preserve adventure that matches your abilities
- Bring ample water for you and your dog
- Drink water before you arrive, so your body is pre-hydrated
- Wear sunscreen and dress appropriately with light colored breathable clothing that covers your skin

## COMMON MAMMALS YOU MAY SEE AT THE PRESERVE:



Bobcat



Coyote



Desert Mule Deer



Javelina



Mountain Lion

For all event information, visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov) and search "Pinnacle Peak Park events."



MCDOWELL SONORAN CONSERVANCY

# CHILDREN'S LEARNING AND PLAY FESTIVAL



## FREE • FUN • EDUCATIONAL!



**An unforgettable, hands-on, educational experience that's fun for the entire family!**

OVER 50 EXHIBITORS • PRINCESSES AND CHARACTER APPEARANCES • GAMES, ACTIVITIES, GIVEAWAYS



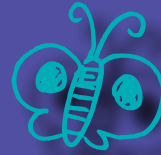
**AUTHORS &  
ILLUSTRATORS**



**STEAM  
EDUCATORS**



**LIVE  
PERFORMANCES**

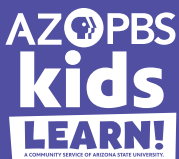


**WILDLIFE  
EXHIBITS**



**AND  
MORE!**

**BROUGHT TO YOU BY:**



MCDOWELL  
SONORAN  
CONSERVANCY



**June 29, 2024 • 9 a.m. - 3 p.m. • Westworld**

16601 N Pima Rd. Scottsdale, AZ 85260

**ADMISSION IS FREE!**

Scan Code to Register for Updates





# WESTWORLD

O F S C O T T S D A L E

WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events  
at [WestWorldAZ.com](http://WestWorldAZ.com).





# SCOTTSDALE Community Services

**44  
PARKS**

**30,500  
ACRES OF  
PRESERVE LAND**

**11 TRAILHEADS AND 232 MILES  
OF NON-MOTORIZED TRAILS  
IN THE PRESERVE**

**982 TOTAL  
ACRES**

**37 PLAYGROUNDS**

**5 URBAN  
LAKES**

**74 ATHLETIC  
FIELDS**

**39 BASKETBALL  
COURTS**

**3 OFF-LEASH  
AREAS**

**4 AQUATIC  
FACILITIES**

**35 VOLLEYBALL  
COURTS**

**30 PICKLEBALL,  
RACQUETBALL &  
SQUASH COURTS**

**6 SPRAY  
FEATURES**

**2 SKATE  
PARKS**

**49 TENNIS COURTS  
2 TENNIS CENTERS**

**1 RAILROAD PARK**

**3 EQUESTRIAN  
FACILITIES**

**1 BASEBALL  
STADIUM**

**123 MILES OF PAVED PATHWAYS, 156 UNPAVED**

**4 PUBLIC  
LIBRARIES**

**2 SENIOR  
CENTERS**

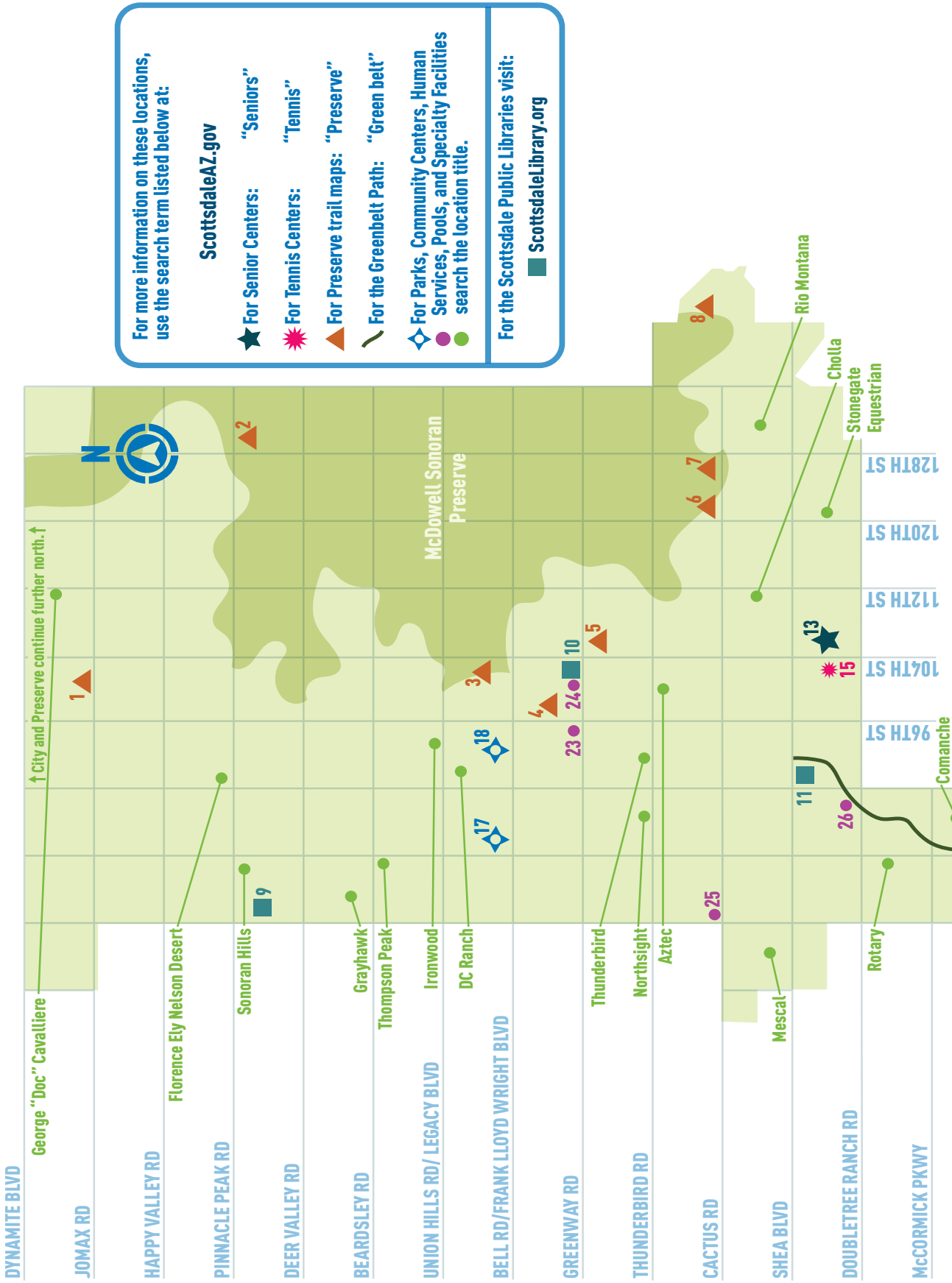
**6 COMMUNITY  
CENTERS**

**376 DAYS  
OF SPECIAL  
EVENTS AT  
WESTWORLD**



# SCOTTSDALE COMMUNITY SERVICES

# Facility Map



For more information on these locations, use the search term listed below at:

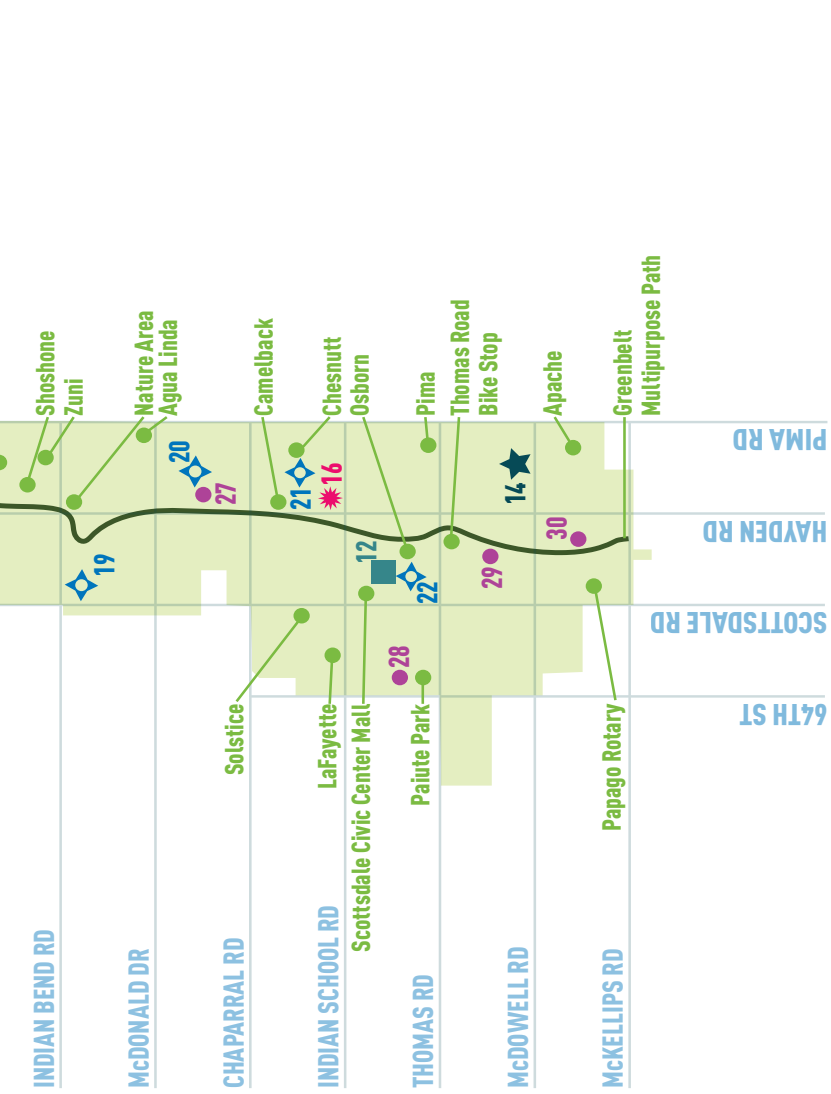
**ScottsdaleAZ.gov**

- ★ For Senior Centers: "Seniors"
- ✳ For Tennis Centers: "Tennis"
- ▲ For Preserve trail maps: "Preserve"
- ⤵ For the Greenbelt Path: "Green belt"
- ◆ For Parks, Community Centers, Human Services, Pools, and Specialty Facilities: search the location title.

For the Scottsdale Public Libraries visit:

■ [ScottsdaleLibrary.org](http://ScottsdaleLibrary.org)

- **Parks**
- Agua Linda Park** 8732 E. McDonald Dr.
- Apache Park** 1201 N. 85th Pl.
- Aztec Park** 13636 N. 100th St.
- Camelback Park** Hayden & Camelback
- Chesnut Park** 4565 N. Granite Reef Road
- Cholla Park** 11320 E. Via Linda
- Comanche Park** 7639 Via Paseo del Norte
- DC Ranch Park** 15000 N. 91st St.
- Florence Ely Nelson Park** 8950 E. Pinnacle Peak Road
- George "Doc" Cavalliere Park** 27775 N. Alma School Pkwy.
- Grayhawk Neighborhood Park** 20726 N. 76th St.
- Ironwood Park** 18650 N. 94th St.
- LaFayette Park** 6745 E. LaFayette Blvd.
- Mescal Park** 11015 N. 68th Pl.
- Nature Area** 6801 N. Hayden Road
- Northsight Park** 8400 E. Thunderbird Road
- Osborn Park** 7775 E. Osborn Road
- Paiute Park** 3210 N. 66th St.
- Papago Rotary Park** 7316 E. Garfield St.
- Pima Park** 8600 E. Thomas Road
- Rio Montana Park** 11180 N. 132nd St.
- Rotary Park** 7959 E. Doubletree Ranch Road
- Scottsdale Civic Center Mall** 3939 N. Drinkwater Blvd.
- Shoshone Park** 8300 Via De Dorado
- Solstice Park** 4420 N. Scottsdale Road
- Sonoran Hills Park** 7625 E. Williams Dr.
- Stonagate Equestrian Park** 9555 N. 120th St.
- Thomas Road Bike Stop** 7801 E. Thomas Road
- Thompson Peak Park** 20199 N. 78th Pl.
- Thunderbird Park** 9170 E. Thunderbird Road
- Zuni Park** 7343 Via del Elemental



▲ **Hiking Trails**

- 1) **Pinnacle Peak Park** 26802 N. 102nd Way
- 2) **Tom's Thumb** 23015 N. 128th St.
- 3) **Gateway** 18333 N. Thompson Peak Pkwy.
- 4) **WestWorld** 15939 N. 98th St.
- 5) **Quartz** 10215 McDowell/Mnt. Ranch Road
- 6) **Lost Dog Wash** 12601 N. 124th St.
- 7) **Ringtail** 12300 block of N. 128th St.
- 8) **Sunrise** 12101 N. 145th Way

■ **Public Libraries**

- 9) **Appaloosa Library** 7377 E. Silverstone Dr.
- 10) **Arabian Library** 10215 E. McDowell Mnt. Ranch Road
- 11) **Mustang Library** 10101 N. 90th St.
- 12) **Civic Center Library** 3839 N. Drinkwater Blvd.

★ **Senior Centers**

- 13) **Via Linda Senior Center** 10440 E. Via Linda
- 14) **Granite Reef Senior Center** 1700 N. Granite Reef Road

★ **Tennis Centers**

- 15) **Scottsdale Ranch Park & Tennis Center** 10400 E. Via Linda
- 16) **Indian School Park & Tennis Center** 4289 N. Hayden Road

◆ **Specialty Facilities**

- 17) **Scottsdale Sports Complex** 8081 E. Princess Dr.
- 18) **Bell94 Sports Complex** 9390 E. Bell Road
- 19) **McCormick-Stillman Railroad Park** 7301 E. Indian Bend Road
- 20) **Adapted Services Center** 8102 E. Jackrabbit Road
- 21) **Club SAR Fitness Center** 8055 E. Camelback Road
- 22) **Scottsdale Stadium** 7408 E. Osborn Road

● **Parks, Recreation & Human Services**

● **Community Centers and Pools**

- 23) **Horizon Park & Community Center** 15444 N. 100th St.
- 24) **McDowell Mountain Ranch Park & Aquatic Center** 15525 N. Thompson Peak Pkwy.
- 25) **Cactus Park & Aquatic Center** 7202 E. Cactus Road
- 26) **Mountain View Park & Community Center** 8625 E. Mountain View Road
- 27) **Chaparral Park, Aquatic & Community Center** 5401 N. Hayden Road
- 28) **Paiute Neighborhood Center** 6535 E. Osborn Road
- 29) **Eldorado Park, Aquatic & Community Center** 2311 N. Miller Road
- 30) **Vista Del Camino Park & Community Center** 7700 E. Roosevelt St.

Notice: This document is provided for general information purposes only. The city of Scottsdale does not warrant its accuracy, completeness, or suitability for any particular purpose. It should not be relied upon without field verification.



# Summer Community Events

## JUN



### Glow Up

McDowell Mountain Ranch  
Aquatic Center  
6 - 9 p.m.

Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), and  
search "Glow Up"



### Red, White & Choo Choo

McCormick-Stillman  
Railroad Park  
4 - 9 p.m.

Visit [TheRailroadPark.com/events](http://TheRailroadPark.com/events)



## JUL



### Ice Cream Social

Granite Reef Senior Center  
1 p.m.

See page 40 for details



### Back to School

Scottsdale Stadium  
Visit [ScottsdaleAZ.gov](http://ScottsdaleAZ.gov), and  
search "Back to School Program"

 SCOTTSDALE  
COMMUNITY SERVICES

## AUG



### Slide the Rails

McCormick-Stillman  
Railroad Park  
9 a.m. - 1 p.m.

Visit [TheRailroadPark.com/events](http://TheRailroadPark.com/events)



### Safety Luau

Eldorado Aquatic Center  
4 - 8 p.m.

See page 22 for details

